



OSHER LIFELONG LEARNING INSTITUTE

FALL 2024

IN THIS ISSUE:

Different ways to participate this term:

- In-person courses at the Cheezem Education Center, Clemson
- Evening courses at the Cheezem Education Center
- Osher Online courses that allow you to participate from home
- Outdoor Adventures and Day Trips

NEW COURSE TITLES INCLUDE:

Visit and Tour of Arthrex, Inc.; Back to Basics – Italian Conversation 101; Protecting Yourself from Scams; Hell in the Pacific; First Ladies: More Than the Women Behind the Men; The Shakers: Pursuing “a New Heaven and a New Earth”; How We Healed the Earth...and How We Can Do It Again and more!

The Cheezem Education Center is open Monday through Friday, 9:00 a.m. to 4:00 p.m.

Registration opens

August 12, 2024

Register in person, by phone, by mail or online at: www.olliatclermson.org





Discover the Art of Aging with Grace

AWARD-WINNING FULL-SERVICE COMMUNITY



Unlock a world of possibilities at Everlan of Clemson and Dominion of Clemson. Our communities are designed to elevate your lifestyle at every stage:



- Independent Living: Where Activity Thrives
- Assisted Living: Individualized Services, Your Way
- Memory Care: Nurturing Minds and Enriching Lives

The pinnacle of senior living is at Everlan and Dominion of Clemson. Embrace a lifestyle where elegance and fulfillment meet for life.

Call today to schedule a tour and have lunch on us!



DOMINION™
SENIOR LIVING



Assisted Living & Memory Care
(864) 722-2811

100 Pershing Avenue, Clemson, SC 29631
dominionseniorliving.com/clemson

EVERLAN
by DOMINION



Independent Living
(864) 643-2200

150 Pershing Avenue, Clemson, SC 29631
everlanliving.com/clemson

Table of Contents



Save the Date!

**OLLI Spring 2025 Fundraising Event
Sunday, May 18, 2025**

Lots of fun: music, games, silent
auction and more!

Mad Hatter's Untea Party Fundraiser	4
AnMed Health Series	5
Free Part D Medicare Assistance	5
Free Programs	6
Travel with OLLI in 2025	8
Course Index	10
Courses by Calendar	12
Osher Online	16
Course Descriptions	21
Special Interest Groups	37
Registration Forms and Info	41

15th Anniversary Celebration / 14th Annual Clemson Photo Club's Member Exhibit Opening Reception

Monday, October 21

5:00 p.m.

Cheezem Education Center

Free but registration is required; register by
calling the OLLI Office at 864-633-5242.

Exhibit open through January 9.



Join the Clemson Photo Club to celebrate its 15th Anniversary and its 14th Annual Member Exhibit "Carolina Nature." Hors d'oeuvres and beverages will be provided. The Clemson Photography Club was formed in 2009 by three Clemson University faculty and staff members. Membership is open to all area residents; demographics include all ages, amateurs, novices, those who are just starting to learn and current or retired photographic professionals. Members come from a wide range of backgrounds and interests. See clemsonphotoclub.com for more information.

JOIN US FOR THE OLLI



MAD HATTER'S UNTEA PARTY FUNDRAISER

**WEDNESDAY, SEPTEMBER 11, 2024
4:00 P.M. - 5:30 P.M.
CHEEZEM EDUCATION CENTER**

- Guests should arrive adorned in their most fantastical attire - whimsical, eccentric, and fantastical hats encouraged
- Bring your own unique drinking vessel
- Various beverages, finger foods, sweet treats, and assorted goodies provided
- A "Rather Curious" raffle
- Photo booth

***\$20 per person, includes two raffle tickets.
Additional raffle tickets available for purchase.***

Visit www.olliclemson.org/events to purchase tickets

AnMed HEALTH SERIES

The following programs are free and open to public but require registration; please call 864-633-5242 to reserve your place. Please join us in thanking AnMed for making this health series possible.

Stroke Risk Rises with Age, but There is a New Tool for Prevention

Tuesday, September 24

11:00 a.m.

Cheezem Education Center

Free but registration is required; register by calling 864-633-5242.

Though strokes can and do occur at any age, the risk more than doubles each decade after age 55. Yet 80 percent of strokes are preventable. One tool for prevention is a procedure that burst onto the scene in recent years, and its promise has developed to produce results. Learn more from Dr. Matthew George of AnMed Vascular Surgery.

Forgetfulness or Dementia: What's the Difference, and Why it Matters

Tuesday, October 8

11:00 a.m.

Cheezem Education Center

Free but registration is required; register by calling 864-633-5242.

There's a difference between dementia and the sort of forgetfulness that might be expected with maturity. Learn what to understand, what to watch out for and all that can be done from Dr. Sandip Jain of AnMed.

The Older you get, the More Important it is to Love your Heart

Tuesday, November 12

11:00 a.m.

Cheezem Education Center

Free but registration is required; register by calling 864-633-5242.

When the medical care that people receive is considered more geriatric than general, one thing beats at the center of priorities: the heart. Senior citizens should take extra care. Learn about how from Dr. Natalie Kelsey of AnMed Cardiology.

MEDICARE ASSISTANCE

Free Part D Medicare Assistance

7 Wednesdays, October 9, 16, 30; November 6, 13, 20; and December 4

Appointments Between 9:00 a.m. to 3:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Review your Medicare plans and receive free unbiased information from OLLI Member, Paula Crosbie, who is a certified State Insurance Assistance Program (SHIP) counselor. Paula has been volunteering and helping Medicare beneficiaries navigate the world of Medicare for 14 years. All information is private and confidential. Individual appointments last approximately one hour; couple appointments last about 1.5-hours.



FREE PROGRAMS *this Fall*



The following activities are open to all current OLLI Members and those with an interest in joining OLLI. All programs are free but require registration; call us at 864-633-5242 or visit our website at www.olliatclmson.org for more information.

Tech Talks

2nd Thursday of Each Month

September 12, October 10, and November 14

10:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but an appointment is required; call 864-633-5242 to make an appointment. Have questions about your phone, tablet, laptop or other electronic device? Make a 30-minute appointment with a Pickens County Outreach Librarian for basic troubleshooting assistance.

New and Returning Member Orientation

Friday, September 13

1:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Whether you're new to Clemson OLLI or returning from a hiatus, this orientation illustrates how OLLI ticks, who is who and how you can be part of your regional lifelong learning program! Refreshments provided.

Medicare 101 - Get The Facts

Thursday, September 19

6:00 p.m. to 7:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Are you or a loved one turning 65 soon and getting ready to sign up for Medicare? Are you already on Medicare and would like to learn more about your Medicare options? Wondering how to find your way through the maze of Medicare? Medicare Assurance Group, LLC invites you to attend this course to learn more about Medicare and your health plan options. During our Medicare 101 session you will learn the differences between Medicare and other health coverage, what Original Medicare is and are other options including: whether or not original Medicare is enough health coverage; what Medicare Parts A, B, C & D include; are prescriptions covered; how much coverage costs and deadlines to enroll. This class is designed to be an informational seminar with ample

opportunity for individual questions.

Lauren Hawkins, a native of South Carolina, graduated Magna Cum Laude from Augusta University with a bachelor's degree in Health Services. As a licensed, independent insurance broker, Lauren is passionate about helping others and has a special interest in the Medicare arena of healthcare. Lauren holds her Department of Insurance (DOI) Health Insurance license in South Carolina, Georgia and Connecticut. **Kim McGuire** is the co-founder and principal of Medicare Assurance Group. She has more than 25 years of experience in the healthcare field. Kim holds a bachelor's degree in Health Administration from Quinnipiac University and master's degree in Public Administration with concentration on health policy and management from New York University. In addition, Kim is currently pursuing a doctorate in Business Administration specializing in Health Care Administration from Northcentral University.

The Acoustic Circle

Monday, September 23

10:00 a.m. to 11:00 a.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

We're forming a fun, friendly group for guitarists to play and socialize together. All skill levels are welcome—just bring your own guitar and a desire to collaborate! Our focus will be on acoustic blues, folk, singer/songwriter and more. Come to this informational session and share your ideas about what you'd like the group to become. We can't wait to make music together!



OLLI is a great benefit to both the University and the community.



Empowering State Retirees: Advocacy and Impact at the South Carolina Retirees Association

Tuesday, October 22

11:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

The State Retirees Association is a non-profit organization founded in 1994 by retired state employees and those nearing retirement in South Carolina. Their mission is to ensure that the concerns and interests of state retirees regarding retirement benefits and health insurance are heard and addressed. Membership is open to all members of the state retirement systems who are retired or approaching retirement. The association actively advocates for retirees by identifying key issues that impact us such as annual cost-of-living adjustments, retirement fund investments and adequate funding for health insurance programs. Through monitoring legislative processes and participating in relevant state agencies, including those of the Investment Commission and Public Employee Benefit Authority, the Association works to address our issues. This program is provided by **Wendy Howard** and **Lib Crockett**, State Retirees Association of South Carolina Board Members and **Holley Ulbrich**, Retirement System Investment Commissioner.

Existentialism in the Mountains: How Going Camping with Kierkegaard Can Help Us Live a Better Life

Wednesday, October 23

1:00 p.m. to 2:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

In this session, **Aaron Simmons** takes us on a trip to the mountains to reflect on the meaning of life. In a world too often defined by a quest for “success” that leaves us empty, alone and anxious, Simmons seeks “faithfulness” outdoors with thinkers and artists from Aristotle to Kierkegaard, Sartre to Anne Lamott and Kendrick Lamar to Donovan Woods. Simmons invites us to rethink what it means to make choices, take risks, be alone and silent while cultivating friendships and to find our calling by facing our vulnerability. In the end, Simmons shows that faithfulness is more than a religious concept. It is about living a life of risk with direction.

How to Access Clemson University Library Resources: Orientation for OLLI Members

Thursday, November 14

11:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Did you know that OLLI Members can request books, DVDs and other materials from the Clemson University Libraries and pick them up at the Cheezem Education Center? Library staff host this orientation session that walks you through the process; pick up your new CU Library card while you are here.



OLLI offers quality classes, activities and speakers. It's an excellent resource for our community.



Where in the World will OLLI Go?



Up-to-date details for all travel programs can be found on the OLLI website, and you can pick up a flyer for each trip at the Cheezem Education Center. Bookings are taken by the individual travel companies; contact the specific company for questions and arrangements.

Colorful Costa Rica

9 Days - February 5 to 13, 2025

By Premier World Discovery

Double Occupancy: \$3,599 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$4,349 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Active

Tour highlights include: visits to San Jose; the beautiful Poas Volcano National Park; a coffee plantation; Arenal Volcano National Park; the Sarchi Artisan Village; Monteverde Cloud Forest Reserve; Selvatura Park and Hanging Bridges; the Butterfly Garden; Manuel Antonio National Park; Carara National Park; Orchid Garden and a Jungle Crocodile Safari cruise.

Greece

9 Days - May 6 to 14, 2025

By Mayflower Cruises & Tours

Double Occupancy: \$5,748 per person, includes roundtrip airfare from Greenville

Single Occupancy: \$7,747 per person, includes roundtrip airfare from Greenville

Activity Level: Challenging

Embark on a journey steeped in ancient history and island charm, starting with Athens, Greece, a city with a history that dates back almost four millennia. Explore the iconic Parthenon atop the Acropolis and delve into the Acropolis Museum's treasures. Then, venture to Mykonos, the "Jewel of the Aegean," for a city tour showcasing its windmills and quaint villages. Discover the secrets of olives and olive oils before setting sail to Santorini, the "Black Pearl of the Aegean," known for its stunning vistas and picturesque villages. Enjoy leisurely days exploring before returning to Athens for a farewell dinner, concluding a memorable Greek adventure.



A Culinary Journey Through Tuscany & Florence

9 Days - November 4 to 12, 2025

By Premier World Discovery

Double Occupancy: \$4,749 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$5,699 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Challenging

Tour highlights include a 2-Night Stay in Florence; a 5-Night Stay in Tuscany; a Tuscan Estate Dinner; a pasta making and

cooking class; wine tasting; a Sienna walking tour; dinner at a Tuscan farmhouse and winery; San Gimignano; gelato tasting; lunch at a local farmhouse; a Lake Trasimeno boat excursion; a visit to Island Maggiore with lunch and wine; a Florence, Italy guided walking tour and a visit to the Academy Gallery and the famous Statue of David.



Christmas Time on the Danube River

6 Days - December 1 to 6, 2025

By Mayflower Cruises & Tours

Double Occupancy: Starts at \$3,564 per person, includes \$399 roundtrip airfare from Greenville when booked by December 15, 2024

Single Occupancy: Starts at \$6,180 per person, includes \$399 roundtrip airfare from Greenville when booked by December 15, 2024

Activity Level: Active

Take off on a festive journey through Central Europe with an enchanting Christmas cruise starting from Vienna, Austria. Explore Vienna's magical Christmas markets and iconic landmarks like the Opera House and St. Stephen's Cathedral. In Bratislava, Slovakia, immerse yourself in the warm holiday spirit and discover charming Christmas markets nestled in historic squares. Budapest, Hungary, welcomes you with its lively atmosphere, stunning architecture and vibrant Christmas market offering traditional crafts and culinary delights. Indulge in a traditional Hungarian dinner and folk dancing before bidding farewell to this memorable Danube Christmas cruise. Depart with cherished memories of glittering markets and festive cheer.

Domestic

San Francisco & Wine Country

5 Days - September 21 to 25, 2025

By Mayflower Cruises & Tours

Double Occupancy: \$4,098 per person, includes roundtrip airfare from Greenville

Single Occupancy: \$4,997 per person, includes roundtrip airfare from Greenville

Activity Level: Active

Arrive in San Francisco and settle in at Fisherman's Wharf. Day 2 explores iconic landmarks like Twin Peaks, Golden Gate Park and Chinatown followed by a Bay cruise and cable car ride. Enjoy dinner at Fisherman's Wharf. Day 3 highlights ventures to Napa Valley for a wine train journey and a tasting at Buena Vista Winery. Day 4 includes visits to the Kunde Family Winery, the Charles M. Schulz Museum and Sbragia Family Vineyards. The day ends with a special farewell dinner. Day 5 concludes the tour with memories of San Francisco and its surrounding wine country, heading home with cherished experiences.

Course Index

Meet There Trips

New! Fort Hill Through the Eyes of Anna Maria Clemson (p. 21)

New! Heritage and History: Exploring the Clemson Area African American Museum (p. 22)

High Tea with Ella Lorton, a Dear Friend of the Clemson Family (p. 21)

New! Journey through Cherokee Heritage at the Museum of the Cherokee in South Carolina (p. 22)

Oconee Rock Quarry (p. 21)

New! Visit and Tour of Arthrex, Inc. (p. 21)

Day and Half-Day Trips

A Look at Clemson University Special Collections and Archives (p. 23)

Aviation in the Upstate: Donaldson Field and Greenville Downtown Airports (p. 22)

Discover the Carl Sandburg Home in Flat Rock, North Carolina (p. 22)

Outdoor Adventures

Autumn on Lake Jocassee (p. 24)

Hikes in the Hills (p. 23)

Wild Foraging in the North Georgia Mountains (p. 23)

Zip Lining in Keowee Toxaway (p. 23)

Discussion Groups

New! From Memory to Creativity: Ten Semi-Serious Salons (p. 24)

Philosophy Plus: The American Mind (p. 24)

Courses

Art, Culture, Music, and Travel

New! Back to the Basics - Italian Conversation 101 (p. 25)

New! Film and Society: *High Noon* (1952) (p. 35)

New! How Steven Spielberg and George Lucas Changed the Movies (p. 27)

New! Musica e Parole (p. 34)

Playing Around with Sounds - Helping Your Grandchild Get Ready for Reading Success (p. 30)

Health and Wellness

New! Aging with Grace (Toward a Healthier You) (p. 29)

Intermediate Tai Chi (p. 25)

Money Matters: A Practical Guide to Managing Financial Risks for Seniors (p. 32)

New! Protecting Yourself from Scams: Insights from the Better Business Bureau (p. 28)

Sleep Better (p. 27)

Tai Chi (p. 25)

New! The Aging Eye: What's New in Eye Care (p. 30)

Home and Garden

New! Holiday Cookies from Around the World (p. 36)

Landscape Design - Elements, Principles and the Nitty Gritty (p. 27)

History, Politics, Government, and Current Events

New! Do You Have Your Ducks in a Row? (p. 26)

New! Go For Broke! (p. 31)

New! Hell in The Pacific (p. 32)

New! Imprisoned Without Trial: Japanese Incarceration in WWII (p. 28)

New! Nixon Resignation Reconsidered: The Silent Coup Against Richard Nixon (Part Two) (p. 30)

New! Pundits, Polls & Politics! The '24 Election! (p. 33)

New! Separation of Church and State: Vital in 1787, Critical Now (p. 30)

South Carolinians Who Should be Famous but Aren't (p. 33)

New! Southern Shepherds, Savage Wolves: Presbyterian Domestic Missionaries and Race in South Carolina, 1802-1874 (p. 35)

New! The Decisive Year: World War II in Europe, 1944 - A Tactical Approach (p. 26)

New! The History of the Jewish People in the Land of Israel, including the Arab-Israeli Conflict (p. 34)

The Women Who Helped Defeat Hitler: Espionage, Sabotage and Resistance (p. 32)

New! Votes For Women: The Suffrage Movement (p. 29)

Osher Online

New! Architecture, Engineering, Design, and Technology: Case Studies from the Past, Present and Future (p. 16)

New! Art Movements from the Roaring '20s to the Swinging '60s (p. 19)

New! Exploring Crosswords (p. 20)

New! First Ladies: More Than the Women Behind the Men (p. 16)

New! Gender and the Law (p. 17)

New! Language Myths Debunked (p. 20)

New! Peace Leadership: Exploring Peacebuilding from the Ground Up (p. 16)

New! Psychology Fundamentals (p. 18)

New! The Great Con: *The Talented Mr. Ripley* in Literature and Film (p. 19)

New! The Power of Introverts (p. 17)

New! The Season of Sports Journalism: Tackle Media Coverage of the Summer Olympics Evolving into Fall Athletics Across the Globe (p. 18)

New! Wellness From Within (p. 18)

New! Who is Fredrick Law Olmsted? An Examination of This Visionary's Life, Work and Living Legacy (p. 17)

Psychology, Philosophy, and Religion

New! The Shakers: Pursuing "a New Heaven and a New Earth" (p. 28)

Practical Arts and Hobbies

Beginner Stained Glass (p. 35)

Beginning Digital Photography (p. 25)

Beginning Mah Jongg (p. 32)

Intermediate Stained Glass (p. 26)

Kudzu Basketry (p. 31)

Kudzu Papermaking (p. 34)

Landscape Photography (p. 29)

Pine Needle Basketry (p. 28)

Southern Appalachian Christmas (p. 35)

Science and Technology

New! An Introduction to Artificial Intelligence and the Philosophical and Ethical Questions it Raises (p. 33)

New! How We Healed the Earth...and How We Can Do It Again (p. 26)

Science from Pythagoras to Plank: A Once-over for Barstool Physicists and Starbucks Philosophers (p. 31)

SEPTEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	Bridge Group Beginning Digital Photography (p. 25) Art Group	10 Back to the Basics - Italian Conversation 101 (p. 25) Intermediate Tai Chi (p. 25) Mah Jongg Tai Chi (p. 25) The Decisive Year: World War II in Europe (p. 26)	11 From Memory to Creativity: Ten Semi-Serious Salons (p. 24) Needles and Threads Mad Hatter's Untea Party Fundraiser (p. 4)	12 Bridge Group Tech Talks (p. 6) Do You Have Your Ducks in a Row? (p. 26) Art Open Studio Intermediate Stained Glass (p. 26) Philosophy Plus: The American Mind (p. 24) How We Healed the Earth...and How We Can Do It Again (p. 26)	13 Pickleball Writers' Group 2 New and Returning Member Orientation (p. 6)
16	Bridge Group Art Group	17 Visit and Tour of Arthrex, Inc. (p. 21) Mah Jongg Sleep Better (p. 27) How Steven Spielberg and George Lucas Changed the Movies (p. 27)	18 Needles and Threads Landscape Design - Elements, Principles and the Nitty Gritty (p. 27)	19 Bridge Group Pine Needle Basketry (p. 28) Watercolor Group Trivia Medicare 101 - Get The Facts (p. 6)	20 Pickleball Writers' Group 1
23	Imprisoned Without Trial: Japanese Incarceration in WWII (p. 28) Zip Lining in Keowee Toxaway (p. 23) Bridge Group The Acoustic Circle (p. 6) Art Group Protecting Yourself from Scams (p. 28)	24 AnMed Health Series: Stroke Risk Rises with Age, but There is a New Tool for Prevention (p. 5) Mah Jongg The Shakers: Pursuing "a New Heaven and a New Earth" (p. 28)	25 Needles and Threads Bunco Votes For Women: The Suffrage Movement (p. 29)	26 Bridge Group Aging with Grace (Toward a Healthier You) (p. 29) Art Open Studio	27 Pickleball Writers' Group 2
30	Landscape Photography (p. 29) Bridge Group Art Group First Ladies: More Than the Women Behind the Men (p.16) Playing Around with Sounds (p. 30) The Aging Eye (p. 30)				

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Peace Leadership: Exploring Peacebuilding from the Ground Up (p. 16) Mah Jongg Separation of Church and State (p. 30)</p>	<p>2 Discover the Carl Sandburg Home (p. 22) Architecture, Engineering, Design, and Technology (p.16) Nixon Resignation Reconsidered (p. 30) Needles and Threads Who is Fredrick Law Olmsted? (p. 17) Gardening Group The Power of Introverts (p. 17)</p>	<p>3 Bridge Group Gender and the Law (p. 17) Science from Pythagoras to Plank (p. 31) Watercolor Group</p>	<p>4 Pickleball Book Club Writers' Group 1</p>
				SATURDAY
				<p>5 The Season of Sports Journalism (p. 18)</p>
<p>7 Bridge Group Art Group</p>	<p>8 Go For Broke! (p. 31) Kudzu Basketry (p. 31) AnMed Forgetfulness or Dementia (p. 5) Beginning Mah Jongg Mah Jongg Psychology Fundamentals (p. 18) Wellness From Within (p. 18) Art Movements from the Roaring '20s (p. 19)</p>	<p>9 Aviation in the Upstate (p. 22) Oconee Rock Quarry (p. 21) The Women Who Helped Defeat Hitler (p. 32) Needles and Threads High Tea with Ella Lorton, a Dear Friend of the Clemson Family (p. 21)</p>	<p>10 Bridge Group Tech Talks Art Open Studio Money Matters: A Practical Guide to Managing Financial Risks for Seniors (p. 32)</p>	<p>11 Pickleball Writers' Group 2 The Great Con: <i>The Talented Mr. Ripley</i> in Literature and Film (p. 19)</p>
<p>14 Bridge Group Language Myths Debunked (p. 20) Art Group</p>	<p>15 Hell in The Pacific (p. 32) Mah Jongg</p>	<p>16 Needles and Threads</p>	<p>17 Bridge Group Fort Hill Through the Eyes of Anna Maria Clemson (p. 21) South Carolinians Who Should be Famous but Aren't (p. 33) Watercolor Group Trivia Exploring Crosswords (p. 20)</p>	<p>18 Pickleball Writers' Group 1</p>
<p>21 Hikes in the Hills (p. 23) Bridge Group Art Group Clemson Photo Club's Reception (p. 3)</p>	<p>22 Empowering State Retirees (p. 7) Mah Jongg Pundits, Polls & Politics! (p. 33)</p>	<p>23 An Introduction to Artificial Intelligence (p. 33) Wild Foraging in the North Georgia Mountains (p. 23) Existentialism in the Mountains (p. 7) Needles and Threads</p>	<p>24 Bridge Group Fort Hill Through the Eyes of Anna Maria Clemson (p. 21) Autumn on Lake Jocassee (p. 24) Art Open Studio Heritage and History (p. 22)</p>	<p>25 Pickleball Writers' Group 2</p>
<p>28 Bridge Group Musica e Parole (p. 34) Art Group</p>	<p>29 Mah Jongg</p>	<p>30 Needles and Threads Bunco</p>	<p>31 Bridge Group</p>	

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pickleball Book Club Writers' Group 1
4 Bridge Group A Look at Clemson University Special Collections and Archives (p. 23) Art Group	5 Mah Jongg	6 Needles and Threads Gardening Group	7 Journey through Cherokee Heritage at the Museum of the Cherokee in South Carolina (p. 22) Bridge Group Kudzu Papermaking (p. 34) Watercolor Group The History of the Jewish People in the Land of Israel, including the Arab-Israeli Conflict (p. 34)	8 Pickleball Writers' Group 2
11 Bridge Group Art Group	12 Southern Appalachian Christmas (p. 35) AnMed Health Series: The Older you get, the More Important it is to Love your Heart (p. 5) Mah Jongg Film and Society: <i>High Noon</i> (1952) (p. 35)	13 High Tea with Ella Lorton, a Dear Friend of the Clemson Family - Session B (p. 21) Needles and Threads	14 Bridge Group Tech Talks (p. 6) How to Access Clemson University Library Resources: Orientation for OLLI Members (p. 7) Art Open Studio Beginner Stained Glass (p. 35)	15 Pickleball Writers' Group 1
18 Bridge Group Art Group	19 Mah Jongg	20 Southern Shepherds, Savage Wolves: Presbyterian Domestic Missionaries and Race in South Carolina, 1802-1874 (p. 35) Needles and Threads	21 Bridge Group Watercolor Group Trivia	22 Pickleball Writers' Group 2

DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Bridge Group Art Group	3 Mah Jongg	4 Needles and Threads Gardening Group	5 Bridge Group Watercolor Group	6 Pickleball Book Club Writers' Group 1
9 Bridge Group Holiday Cookies from Around the World - Session A (p. 36) Art Group	10 Mah Jongg	11 Holiday Cookies from Around the World - Session B (p. 36) Needles and Threads	12 Bridge Group Tech Talks (p. 6) Art Open Studio	13 Pickleball Writers' Group 2
16 Bridge Group Art Group	17 Mah Jongg	18 Needles and Threads	19 Bridge Group Holiday Cookies from Around the World - Session C (p. 36) Watercolor Group Trivia	20 Pickleball Writers' Group 1

“

I love it! Well managed, wide variety of courses/ classes. Friendly and helpful folks managing thus [sic] program.

”



Osher Online

in collaboration with Northwestern University
School of Professional Studies

The following courses are offered to Clemson OLLI Members as part of the national Osher Online project bringing stellar presenters to OLLIs across the country. Each course is offered live via Zoom – plan to participate from the comfort of home! And, in each session will be Members from several different OLLIs; each OLLI is limited to 12 seats per course. Each course is comprised of six, 90-minute sessions and will offer generous question and answer periods. Before each course, participants will be contacted by the Osher Online staff at Northwestern University with further instructions.

New! First Ladies: More Than the Women Behind the Men

6 Mondays, September 30 to November 4

3:00 p.m. to 4:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Did John Adams listen to Abigail? Was Mary Todd Lincoln depressed? Did Eleanor advise Franklin? Did Edith Wilson really take over for the president? Was Hillary really a co-president? These are questions frequently asked about the first lady. She has no job description, and her position is unpaid. There is nothing she is required to do but much that we expect. From the birth of our country through the present, this course will explore the evolution of the role and the Office of the First Lady. In addition to biographical information, we will explore topics and themes related to the women behind the men. We will examine how they helped shape history and how they left lasting legacies that impact many of us today.

Myra G. Gutin, PhD, is Professor Emerita of communication at Rider University. For the past 40 years, her research has focused on American First Ladies. She is the author of *The President's Partner: The First Lady in the Twentieth Century* and *Barbara Bush: Presidential Matriarch*.

Diana Carlin, PhD is Professor Emerita of communication at Saint Louis University. She teaches courses on and written about First Ladies for 30 years and is the co-author of *U.S. First Ladies: Making History and Leaving Legacies* and *Remember*

the First Ladies: America's History-Making Women.

New! Peace Leadership: Exploring Peacebuilding from the Ground Up

6 Tuesdays, October 1 to November 5

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Explore the peacebuilding stories behind the headlines. Within the broad field of peacebuilding, the scales are decidedly tipped to study the phenomena around conflict resolution, transitional justice and third-party interventions - most of them at the hands of diplomats and politicians. While these areas represent legitimate efforts to negotiate treaties and monitor compliance, history has shown the Sisyphean nature of these approaches in terms of implementation and securing sustainable peace. What has drawn far less attention are the valiant and courageous efforts of peace builders on the ground who are working in unimaginable circumstances and, in many cases, in partnership or cooperation with sworn enemies. This course will examine the elements of a construct known as "positive peace," which can and does exist even in areas where conflict continues, through the lens of peace activists working on the ground. This six-week program will include a mix of background reading, video, faculty presentations and small-group interaction.

Aleen Bayard, PhD, has been a long-time adjunct faculty member at Northwestern University who teaches courses in leadership and change management for the School of Professional Studies and Kellogg's Center for Nonprofit Management.

New! Architecture, Engineering, Design, and Technology: Case Studies from the Past, Present and Future

6 Wednesdays, October 2 to November 6

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

This course presents case studies in the history of architecture, civil and structural engineering and industrial design. Specific design and building types will be discussed and include: computer aided design; skyscrapers; airports and aircraft factories; space craft and launch facilities, sci-fi dreams and reality and museums and exhibitions that deal with those and related tech subjects. In each session, we will explore the past, present and future possibilities.

Those case studies will refer to design and construction technology of their eras and place them in socio-cultural and political contexts. Sessions will generally be in a pro-seminar format with each lecture followed by discussion. The course will examine instances where architecture, design and engineering are impacted by technological advances catalyzed by rivalry and conflict ~ military, political or economic/commercial ~ and overall motivations related to wealth and power as much as to design, scientific or engineering advances.

John Zukowsky, PhD, is an architectural and design historian with over five decades of museum experience, which includes university courses taught in Chicago, New York and Hamburg, Germany. He earned a bachelor's degree from Hunter College and master and doctoral degrees from Binghamton University.

New! Who is Fredrick Law Olmsted? An Examination of This Visionary's Life, Work and Living Legacy

6 Wednesdays, October 2 to November 6

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Famed landscape architect Frederick Law Olmsted has been called the most important historical figure that Americans know the least about. This course aims to change that by introducing the multi-faceted life, career and legacy of Olmsted who was not only a landscape architect but also a journalist, conservationist, farmer and public servant. Five experts will lead us in an examination of the work of Olmsted and his firm, that over 100 years, literally designed the American landscape. From Olmsted's birth in 1822 to his death in 1903, we will travel his fascinating life and career as he gathered experiences before finally settling down at the age of 43. We will travel to England with Olmsted on his influential visit to Birkenhead Park; learn more about his groundbreaking work as an undercover reporter for The New York Times; examine his design philosophy and zero in on specific work at the 1893 World's Columbian Exposition and the West. We will also learn about the Olmsted firm, which operated for nearly 50 years after Olmsted's death. There, Olmsted's sons, John Charles Olmsted and Frederick Law Olmsted, Jr, carried on their father's work and professionalized the field of landscape architecture. 2024 marks the 125th birthday of the American

Society of Landscape Architects which they founded.

Dede Petri has served as the president and Chief Executive Officer of the Olmsted Network since 2020. For over 30 years, she has been a leader and innovator in a wide range of nonprofit organizations.

New! The Power of Introverts

6 Wednesdays, October 2 to November 6

7:00 p.m. to 8:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

"Introverts are hermits. Introverts don't like people. Introverts can't hold a conversation." These are some of the myths associated with introversion, the highly misunderstood personality type. In a society where the most extroverted are celebrated and rewarded, how do introverts fit in? For those who acknowledge and embrace their introversion, they know how to create a space for themselves. For those who are masquerading as extroverts, they are exhausted because they haven't mastered how to be their true, authentic selves. For others, they don't even realize they are introverts because of the stigma attached to the word -- who wants to be associated with such negative descriptions? In this course we will unpack this together and discuss the power of introverts, the beautiful balance of relationships with extroverts, how we support and honor both personality types and much more.

Jeri Bingham is an introvert advocate and strategist, and the founder of HushLoudly: Introverts Redefined, an award-winning WGN Radio podcast and brand. Bingham is an adjunct lecturer for Northwestern University and speaks frequently on the topic of introversion at universities and companies.

New! Gender and the Law

6 Thursdays, October 3 to November 7

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

This course will explore the legal history of gender and the law, understanding gender in its broadest sense including sex, sexuality and gender identity. We will discuss sex discrimination doctrines under the Equal Protection Clause of the United States Constitution as well as under federal laws such as Title VII of the Civil Rights Act of 1964 and Title IX of the Education Amendments Act of 1972. By focusing on United States Supreme Court decisions and relationship

between law and justice in many areas that affect gender minority lives, including employment, schools, health care, family, and beyond. The work of Ruth Bader Ginsburg, Brenda Feigen, Sandra Day O'Connor and Pauli Murray will be discussed. Some film clips will be used in class.

Lauren Andersen is the director of the Utah Judicial Institute. Andersen practiced appellate law in the state of California and presented arguments to the California Supreme Court and the United States Supreme Court. During this time, Andersen closely studied the Roberts Court. She has lectured about the Supreme Court and the death penalty. Her opinions were quoted by *The New York Times* and the *American Bar Association (ABA) Journal*. She was previously the director of the Osher Lifelong Learning Institute at the University of Utah.

New! The Season of Sports Journalism: Tackle Media Coverage of the Summer Olympics Evolving into Fall Athletics Across the Globe

6 Saturdays, October 5 to November 9

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

As the world watches the best athletes on the planet at a veracious rate during the Paris 2024 Summer Olympics, learn what it is like to cover those competitors from the proverbial press box. What research do sports reporters need to have at the ready to understand the psychology and business of the best teams in the National Football League (NFL), Major League Baseball (MLB) or the National Hockey League (NHL)? Where do journalists get it right or wrong when writing or editing features in a rapidly changing gender dynamic of college athletics as Caitlin Clark and the Iowa Women's Basketball team proved? How do we understand from outside the ropes the familial and financial dynamics at play when talking about controversies like the Professional Golfers' Association (PGA) vs. LIV Golf saga which is lighting the world of golf on fire? Answer these questions and more with Professor Annie Krall, a sports and news broadcaster. This course is for those who are regularly glued to their sports channels and those who simply like knowing who to root for during the big games. Yes, in the world of heroes and villains there is always more at play on and off the court.

Annie Krall is an adjunct faculty member at

Northwestern University Medill School of Journalism. She is a former radio news anchor for WLS-Radio (890AM) in Chicago and has taken her storytelling abilities on-air as a TV news and sports reporter to NBC in St. Louis, MO (KSDK-TV) and ABC in Green Bay, WI (WBAY-TV).

New! Psychology Fundamentals

6 Tuesdays, October 8 to November 12

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Welcome to this introductory course designed to provide a broad yet insightful glimpse into different areas of psychology. We will learn more about how psychology can help us understand humans' individual personalities and group dynamics. We will look at the influence of geography on psychology, and what psychology can learn by becoming more cross-cultural. Whether this is your first step into the world of psychology or you are looking to deepen your existing knowledge, the discussions around classic studies, as well as the presentation of novel research findings, promise something new and exciting for everyone.

Andrés Gvirtz, Andrés Gvirtz, PhD is an assistant professor at King's College London, University of London. His research aims to improve our understanding of behavior by combining personality data (who somebody is) with spatial information (where somebody is). He is also a research affiliate at the King's Institute for Artificial Intelligence.

New! Wellness From Within

6 Tuesdays, October 8 to November 12

3:00 p.m. to 4:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

This course explores mental, spiritual and physical health and wellness through interactive discussion, brief meditation, creative writing, reading aloud and plenty of humor. The workshops explore universal human issues while offering valuable techniques for enhancing both written and oral communication. Classes are low-tech, focusing on meaningful interaction and a satisfying shared experience. Topics include managing stress, creative self-expression, the power of words, the value of self-care, adapting to change and establishing healthy boundaries.

Mónica E. Gómez has made her living with words as

a writer, songwriter, teacher, broadcast journalist and voice talent. Her writing appears in numerous anthologies including *Red Boots & Attitude: The Spirit of Texas Women Writers* and *The New York Times 2020* on-line edition. In her hometown of El Paso, Texas, she hosted National Public Radio's (NPR) State of the Arts and moderated National Issues Forums for the local Public Broadcast System (PBS) station.

New! Art Movements from the Roaring '20s to the Swinging '60s

6 Tuesdays, October 8 to November 12

7:00 p.m. to 8:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

The 20th century was a time of social and political changes that brought about varied responses in the art world. The social changes manifested during World War I and its aftermath were felt in the cutting-edge art movements that questioned the existing world order. Through the broken planes of Cubism to the jazzy images of the Harlem Renaissance, artists found their voices through varying degrees of despair in an attempt to capture the awaking spirit of the 20th century. In the aftermath of World War II, artists rallied to make sense of the changes brought about through post-war shifts in society to a new prosperity in consumerism. Through the confusing images of the Abstract Expressionists to the playfulness of Pop Art, we will explore how artists challenged and knocked down the walls of not only traditional art but the heretofore avant-garde art forms of the earlier 20th century.

Eleanor Schrader is an award-winning educator, lecturer and author. She lectures and leads tours worldwide on art and architectural history. She has been named a distinguished instructor at University of California Los Angeles (UCLA) Extension, where she teaches history of architecture, interior design, furniture and decorative arts. Schrader is a Professor Emerita of art and architectural history at Santa Monica College.

New! The Great Con: *The Talented Mr. Ripley* in Literature and Film

6 Fridays, October 11 to November 15

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

American writer Patricia Highsmith first published *The Talented Mr. Ripley* in 1955. The story is told from

the point of view of Tom Ripley, a man who is young, clever and has a knack for fraud. A case of mistaken identity earns him a ticket abroad to a scenic coastal village in Italy, a far cry from his hardscrabble life in New York City. He soon becomes obsessed with Dickie Greenleaf, heir to a shipbuilding fortune and embarks on a series of deceitful and sinister acts that beget more of the same. Highsmith's story builds its suspense as the reader traverses Tom's physical and psychological journey through an affluent world too obtuse to recognize the extent to which he is a threat. *The Talented Mr. Ripley* has been adapted from book to screen multiple times, with the most notable being the 1999 film directed by Anthony Minghella, starring Matt Damon and Jude Law. Such is the influence of the story that it has invited comparison to the 2023 film *Saltburn*, whose main character commits a similar subterfuge on a wealthy British family over the course of a summer in their country castle. As stories of frauds and scammers endure across popular media, Tom Ripley's is one that confronts the reader to examine how far they would go to gain access into a world whose entry requires reinventing oneself to the point of moral collapse. In this course, we will study the Highsmith novel as well as the 1999 film adaptation. We will close out the course with a discussion of *Saltburn*, which is indebted to the novel.

Heather Brown has a PhD in English with a concentration in rhetoric and composition from the University of Maryland, a master of arts in English from the University of North Carolina-Wilmington and a bachelor of arts in English with a concentration in creative writing from Hollins University. She has taught courses in academic writing, English literature, language and linguistics, women's literature, feminist theory and criticism, rhetorical theory and criticism, and more.

New! Language Myths Debunked

6 Mondays, October 14 to November 18

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

"Eskimos have many words for snow." "A language is a dialect with an army and a navy." "Aborigines speak primitive languages." "English has the world's richest vocabulary." "Children learn languages more easily than adults." "Languages die because they are not fit enough for the modern world." "Animals speak their own language." You may hear many of these

statements, but are they actually true? In this course, we will examine these and related beliefs about language. We will investigate what aspects of these statements are true and what aspects are false or even nonsensical. In doing so, we will explore topics including language diversity, language history, children's language acquisition, adult language learning, animal and human communication and much more. We will also consider where language myths come from and why they persist despite all the scientific evidence to the contrary.

Asya Pereltsvaig, PhD, received a degree in English and History from the Hebrew University of Jerusalem and a PhD in Linguistics from McGill University. She taught at Yale and Stanford, and has been teaching in lifelong education programs since 2010. Her expertise is in language and history, and the relationship between them. Her most recent book is *Languages of the World: An Introduction*, 4th edition. Pereltsvaig is a popular instructor for several OLLI programs around the country.

New! Exploring Crosswords

6 Thursdays, October 17 to November 21

5:00 p.m. to 6:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Would you like to better understand crosswords, have greater success in completing them, increase your enjoyment of the process and impress your friends as a cruciverbalist? Besides being fun, crosswords have been shown to improve cognitive reserve and mental flexibility. We will introduce other benefits of solving puzzles and explore the highlights of crossword history and culture. We will learn about different types of crosswords, discuss solving strategies and techniques, explore online sources and applications and introduce the process of constructing crosswords. During each session, we will also solve and discuss crosswords as a group to improve our skills.

Steve Weyer has been a cruciverbalist (crossword aficionado) since the 1990s. In 2002, he developed CrozzWord, a mobile app for crossword solving. Since 2010, he has been teaching crossword and other courses at the OLLI at Southern Oregon University. He also constructs crosswords for Jackson County Libraries and other organizations and publications. His first New York Times crossword debuted in November 2023. Weyer's crosswords appear weekly in Ashland.news and on his website.



Activity Levels

Activity level rankings are provided for courses as appropriate; please consider your needs and abilities when registering for a specific program.

MA

MODERATELY ACTIVE

These programs consist of some physical activity, such as equal parts walking and riding, sitting, or stopping.

MC

MODERATELY CHALLENGING

These programs require a good deal of physical fitness and more physical activity. These programs may require, for example, a lot of walking on uneven terrain and/or up and down hills for long periods of time.

A

ACTIVE

These programs require a fair amount of physical fitness and may require you to be active for up to three hours at a time. Many programs in the active category may require up to a mile of walking before taking a break and will likely cause you to break a bit of a sweat.

C

CHALLENGING

These programs are for those who are comfortable with more strenuous activities, such as hiking for several miles on uneven terrain.

ON ZOOM

ON ZOOM

These programs are on Zoom and are indicated as such with this icon and a shaded background.

MEET THERE TRIPS

Visit and Tour of Arthrex, Inc.

Tuesday, September 17

9:30 a.m. to 11:30 a.m.

Arthrex, Pendleton

Tuition: \$19

Learn about one of our Pendleton neighbors through a visit and tour of Arthrex Inc. Arthrex is a global medical device company and leader in new product development in medical education in orthopedics with a South Carolina facility just down the road from Clemson in Pendleton. Arthrex designs and manufactures surgical products and solutions used for arthroscopic and minimally invasive orthopedic surgical procedures. The company offers shoulder, knee, elbow, hand and wrist, foot and ankle, and hip related surgical products, orthobiologics and imaging and resection systems. The company markets products directly and through a global network of distributors in the Americas, Europe, the Middle East, Africa and Asia. Arthrex is headquartered in Naples, Florida.

MA

Oconee Rock Quarry

Wednesday, October 9

9:30 a.m. to 2:00 p.m.

Oconee Rock Quarry, Walhalla

Tuition: \$19

Discover one of the Upstate's incredible assets right in our own backyard at the Oconee County Rock Quarry. Meet with an expert in the field, learn about the industry and what it brings to Oconee County and get an up-close look at the quarry itself. Weather permitting, we may even get to see an explosion! Aside from the presentation and tour, spend lunch on-site with the opportunity to ask questions.

MA

High Tea with Ella Lorton, a Dear Friend of the Clemson Family

Session A: Wednesday, October 9

Session B: Wednesday, November 13

4:00 p.m. to 5:30 p.m.

Inn at Magnolia Hill, Pendleton

Tuition: \$45

The Clemson area is filled with exciting history. Miss Ella Lorton (Sheri Belk), a historical figure from the 1860s, would like to share that history by

MA

inviting OLLI members to her Pendleton home for a high tea and conversation. Over tea and treats, guests will listen to Miss Lorton's thoughts and journal entries written during the Great Conflict, The Civil War. Miss Lorton is directly connected with the Anna Maria and Thomas Green Clemson family and participants will tour the historic Pendleton property following the program.

Sheri Belk graduated from Clemson University with bachelor's and a master's degree in Elementary Education/Special Education. She is a nationally board certified teacher who taught in the South Carolina Public Schools for 33 years. She also presents, "Fort Hill Through the Eyes of Anna Maria Clemson." The Inn at Magnolia Hill began soon after the founding of Pendleton in 1791. Currently, the Inn is located at 181 East Queen Street and is operated by **Chris Murray**.

NEW! Fort Hill Through the Eyes of Anna Maria Clemson

Session A: Thursday, October 17

Session B: Thursday, October 24

10:00 a.m. to 11:30 a.m.

St. Paul's Episcopal Church, Pendleton

Tuition: \$19

Anna Maria Clemson stated that the luxuries and splendors of Europe were nothing compared to her "Dear old Fort Hill." She lived as a model daughter, wife, mother and friend. Her intelligence and accomplishments made her an ornament of every sphere in which she moved (as stated on her tombstone). The product of a famous family, this exceptional woman was very much a gracious Southern lady. Her story and life's journey give us a glimpse of the importance of family in the midst of heartbreak, trials, temptations and difficulties.

Sheri Belk graduated from Clemson University with bachelor's and a master's degree in Elementary Education/Special Education. She is a nationally board certified teacher who taught in the South Carolina Public Schools for 33 years.

MA

**NEW! Heritage and History: Exploring the
Clemson Area African American Museum**

Thursday, October 24

1:00 p.m. to 2:00 p.m.

Clemson Area African American Museum,
Clemson

Tuition: \$19

Explore the Clemson Area African American Museum, where the rich tapestry of African American life in Upstate South Carolina is preserved and celebrated. The museum represents Pickens County with a special collection of books, documents, artifacts and other cultural objects that tell the compelling stories of the African American communities in this area. As you tour the exhibits, you'll explore narratives rooted in people, place, and traditions that offer enduring lessons and insights for navigating contemporary life. Immerse yourself in the vibrant history and culture that have shaped the region and gain a deeper understanding of the contributions and experiences of African Americans in upstate South Carolina.

MA

**Journey through Cherokee Heritage at the
Museum of the Cherokee in South Carolina**

Thursday, November 7

9:45 a.m. to 12:00 p.m.

Museum of the Cherokee in South Carolina,
Walhalla

Tuition: \$19

Discover the Museum of the Cherokee in South Carolina where the rich heritage of the Cherokee people in our state is preserved and celebrated. The museum offers a comprehensive collection of artifacts and historical information that showcase the lives, formation and development of the Cherokee community in this state. Prior to the tour, **Luther Lyle**, Museum director and curator, will discuss his dedication to providing educational and a more meaningful understanding of Cherokee heritage through the Museum's exhibits.

MA

DAY and HALF-DAY TRIPS

**Discover the Carl Sandburg Home in Flat Rock,
North Carolina**

Wednesday, October 2

10:00 a.m. to 6:30 p.m.

Departs from Cheezem Education Center

A

Tuition: \$69

Take a glimpse into the life and legacy of one of America's most celebrated poets, Carl Sandburg. Visitors begin their journey at the Sandburg home exploring the author's preserved residence. Wander through the rooms where Sandburg penned his renowned works and gain insight into his daily life. The tour also includes a visit to Carl Sandburg's Connemara Farm where visitors can see the working farm that was an integral part of Sandburg's life. Explore the barns, pastures and paddocks that once housed the poet's beloved herd of dairy goats, a breed he championed. Participants will enjoy lunch on their own at Flat Rock's Blue Ruby Kitchen followed by free time to explore and discover the area.

**Aviation in the Upstate: Donaldson Field and
Greenville Downtown Airports**

Wednesday, October 9

8:30 a.m. to 4:00 p.m.

Departs from Cheezem Education Center

Tuition: \$59

Donaldson Field is the state's largest general aviation airport, encompassing 1,400 acres; and Greenville Downtown Airport is the busiest general aviation airport in South Carolina. Here's an opportunity to go behind the scenes to visit both airports' the air traffic control towers, fire stations and weather operations systems. Donaldson Field serves the everyday needs of Lockheed Martin's Greenville Operations Center which provides nose-to-tail F-16 production and aircraft modification, maintenance, repair and overhaul services for both military and civilian aircraft. It is also home to two Fixed-Based Operators (FBOs), Greenville Technical College's aircraft maintenance certification program; an, it provides service to dozens of local manufacturing operations. The Greenville Downtown Airport is recognized as a corporate gateway to Greenville that hosts flight schools; provides services for personal aircraft, air charter and taxi services; houses a military aviation museum and offers the Runway Café, where participants will enjoy lunch on their own.

A

Mike Hull received his Air Traffic Control degree from the University of North Dakota and attended the Federal Aviation Administration (FAA) Academy in Oklahoma City. Mike spent three years working at Frederick Douglass Greater Rochester International Airport, 23 years at Bradley International Airport and seven years at Greenville Spartanburg International Airport before retiring in 2020.

A Look at Clemson University Special Collections and Archives

MA

Monday, November 4

10:30 a.m. to 1:00 p.m.

Departs from Cheezem Education Center

Tuition: \$19

Clemson University's campus includes invaluable records of South Carolina history – many of which most students never see. This excursion focuses on the Clemson University Libraries' Special Collections and Archives with its mission to collect, arrange, preserve and make accessible materials relating to the history of Clemson University and its research endeavors.

OUTDOOR ADVENTURES

Zip Lining in Keowee Toxaway

MA

Monday, September 23

9:30 a.m. to 12:30 p.m.

Upstate Zipline, Sunset

Tuition: \$109

Zip lining is for the young and the young at heart! In between learning about zip line design and engineering, participants will ride zip lines reaching as high as 120 feet above the forest floor and spanning up to 2,000 feet in length. The day includes 10 zip lines, one suspended bridge and three short nature walks. This allows participants to fully appreciate the mountains, the trees, the lake and all that this area has to offer. They will also hear some natural history along the way! Those who are 5 feet 6 inches tall or shorter can weigh no more than 250 pounds. Participants who are 5 feet 7 inches tall and taller must weigh no more than 275 lbs.

Owner Robert Nickell has been in the zip line industry for more than 15 years. During this zip line tour, he will share his experiences in building and running zip lines around the world.

Hikes in the Hills

MC

4 Mondays, October 21 to November 11

Rain Date: November 18

9:30 a.m. to approximately 3:30 pm

Itinerary provided one week before start date

Tuition: \$79

Enjoy interpreter led hiking in the Piedmont

of Upstate South Carolina and the Southern Appalachians of North Carolina as we explore the rich biodiversity and geology of the region. We'll see waterfalls and soak in the views from scenic vistas as we explore our ever-changing landscapes. Participants should be able to walk four to five miles on uneven terrain.

Oct 21 – Hike the loop trail at Whiteside Mountain for exceptional autumn views from the sheer 750-foot rock wall. It's the highest perpendicular bare rock face east of the Rockies. (Moderate 2.5 mi hike)

Oct 28 – Hike the Tennessee Rock Trail at Black Rock Mountain State Park for views of the Tennessee mountains from the Tennessee Rock Overlook. (Moderate 2.2 mi loop) We'll also stop by the Visitor Center which has excellent views of Clayton, GA.

Nov 4 – Hike the trails at DuPont State Forest to view three spectacular waterfalls, Triple Falls, High Falls and Hooker Falls. (Easy 3.5 mi hike)

Nov 11 – Hike along the Carrick Creek Loop (Moderate 1.8 mi loop) and the Pinnacle Lake Loop (Easy 2 mi hike) at Table Rock State Park.

Jean Askew is an avid hiker and has been hiking with OLLI and other groups since moving back to the Upstate in 2008. She has an educational background in botany and forestry and completed the Upstate Master Naturalist program in 2016. **Delsey Brown** moved back to the Upstate in 2016 and started exploring the area she left in 1983. She has been hiking with OLLI since 2017 and enjoys hiking with a group where everyone learns from each other.

Wild Foraging in the North Georgia Mountains

A

Wednesday, October 23

12:30 p.m. to 5:30 p.m.

Departs from the Cheezem Education Center

Tuition: \$69

Foraging for food is an ancient practice that continues today. Discover the plant and fungi bounty of the forest by spending a late morning hike on trails not often used by the public with an expert guide. After the two hour-plus hike, attendees will head to nearby Clayton, Georgia for lunch and time on their own.

Cara-Lee Langston, M.S., is a South African-born nutritionist, herbalist, wellness cook, forager, grower and educator. She holds an undergraduate degree in Exercise Science from Georgia State University, a certificate in Medical Herbalism from the BotanoLogos School of Herbal Studies and a master's degree in Nutrition and Integrative Health from the Maryland University of Integrative Health. She is a Certified Wild Mushroom Food Safety Specialist through Mushroom Mountain and is trained in Wilderness First Aid and Cardiopulmonary Resuscitation (CPR) through SOLO Southeast.

Autumn on Lake Jocassee

Thursday, October 24

Rain Date: Thursday, October 31

11:00 a.m. to 2:00 p.m.

Devils Fork State Park, Salem

Tuition: \$69

A short stretch of South Carolina, known as the Jocassee Gorges, contains more species of trees than almost anywhere else on Earth. The majority are deciduous trees that sport a unique look every spring and fall. Explore the science behind changing colors and meet some of the area's most interesting and colorful trees - up close and personal - from the comfort of a pontoon boat. Be prepared to view trees in a whole new way... as living, breathing individuals. We will also visit some of the beautiful waterfalls and wild rivers for which Lake Jocassee is so famous. A South Carolina State Park entrance fee or pass is required.

Kay Wade co-owns Jocassee Lake Tours with her husband, **Brooks**. She has worked as a professional gardener and garden designer from the North Carolina mountains to the Florida coast and back to the mountains of South Caroling. She has written extensively on environmental and ecological challenges.

DISCUSSION GROUPS

NEW! From Memory to Creativity: Ten Semi-Serious Salons

10 Wednesdays, September 11 to November 13

11:00 a.m. to 12:00 p.m.

Cheezem Education Center

Tuition: \$59

Prime the pump from memory to creativity with Skip Eisiminger's 10 salon-style discussions. Each class will include handout of anecdotes (and anti-dotes), poems (and a few pomes), cartoons (and a few jokes), quotations, and more that will lead to healthy and thought provoking discussions. These ten intellectual journeys promise to be enjoyable as they jog our collective memory bank. Remember, there are no tests and no grades. If you wish, I'll give you an "A" for your attendance. Any and all absences except my own are already excused.

Skip Eisiminger is retired from the Clemson University English Department where he taught History of the Language, Word Study, American Literature, interdisciplinary humanities and creative writing for 42 years. He continues to publish in the *South Carolina Review*, *Weekly Hubris* and *KYSO Flash*. He is the author of *Anecdotes and Antidotes* (Serving House Press, 2019).

Philosophy Plus: The American Mind

10 Thursdays, September 12 to November 14,

although group often meets between terms

1:30 p.m. to 3:00 p.m.

Cheezem Education Center

Tuition: \$65

This discussion group, now in its 19th year, is Clemson OLLI's longest running offering. Participants spend the first portion of class watching a video lecture, which leads to the lively discussion that follows. Videos are available to registrants anytime; each discussion is freestanding. Owing to the wide interests within the group, digressions are frequent. This term's topic is "The American Mind." America's distinct philosophy stems from a powerful body of thought that extends back to the first European settlers and that was enriched by later generations of American thinkers including: Jonathan Edwards, Thomas Jefferson, Abraham Lincoln, William James and Martin Luther King Jr. Explore the immensely stimulating conversation that made the United States what it is today with *The American Mind*.

Video lectures feature **Allen C. Guelzo**, the Henry R. Luce Professor of the Civil War Era and Director of Civil War Era Studies at Gettysburg College in Gettysburg, Pennsylvania. A discussion group member leads the conversation.

COURSES

Beginning Digital Photography

3 Mondays, September 9 to 23

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$37

In this highly interactive course, you will learn the basics - including the dials on your camera; those mysterious menu items; composition, f/stops, shutter speeds and the exposure meter and how they all work together; ISO and white balance; different types of lenses; the #1 solution to the #1 problem in photography and more! Participants must bring cameras, lenses and their camera manuals to each session for class exercises and demonstrations.

Eli Vega is a highly published and award-winning photographer and author. He has been a professional photographer for more than 20 years. He has offered this course at three other Osher Lifelong Learning Institutes and is the author of the book Right Brain Photography.



NEW! Back to the Basics - Italian Conversation 101

4 Tuesdays, September 10 to October 1

11:00 a.m. to 1:00 p.m.

Cheezem Education Center

Tuition: \$45

Join Kathy McElvenny for this review-and-practice course of basic Italian conversational phrases, verbs, and vocabulary. There will be in-class opportunities to speak and practice through role plays, games and fun! Previous experience learning or speaking some Italian will be needed.

Kathy McElvenny lived in Genoa, Italy for four years and loves sharing her enthusiasm for speaking Italian and the Italian culture through this course.

Intermediate Tai Chi

10 Tuesdays, September 10 to November 12

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training that enhances health, balance and well-being through a

series of postures that are practiced slowly and with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China (from the 1700s). This intermediate class offers deeper insights and training of the 24 movement Yang Tai Chi form and more detail on the meditative and martial aspects of the system. At the instructor's request, students must have taken at least three sessions of OLLI's Tai Chi courses before signing up for Intermediate Tai Chi. Any exceptions must have instructor's permission.

Gary Carbone spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate and is a seventh generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

Tai Chi

10 Tuesdays, September 10 to November 12

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training that enhances health, balance and well-being through a series of postures that are practiced slowly and with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China (from the 1700s). The Tai Chi form known as "Tai Chi 24" will be taught form by form. The instructor will explain basic yet very important principles e.g., rooting, sung (relaxation) and six directions.

Gary Carbone spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate and is a seventh generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

NEW! The Decisive Year: World War II in Europe, 1944 - A Tactical Approach

10 Tuesdays, September 10 to November 12

1:00 p.m. to 3:00 p.m.

Cheezem Education Center

Tuition: \$65

This course starts with an overview of the strategic military situation in Europe in the spring of 1944 and is followed by a discussion of D-Day and a board display. The main part of the course involves three reenactments of World War II's battles in Poland, Normandy and The Ardennes. Participants will learn basic tactical rules using miniature figures and vehicles and will be supplied with rule books and three booklets explaining the engagements. This is mostly a "hands-on" course commemorating the 80th anniversary of this momentous year. **There may be an additional 11th session scheduled for November 19 if all content cannot be addressed within the allocated 10 sessions.**

Stephen Corkett attended the University of South Carolina in Columbia first in 1973 as a British exchange student and in 1978-79 as a masters degree student in History. He taught Modern European History and United States History for nearly 40 years in British and American schools, including AP European History and military history in Oregon before retiring to South Carolina in 2020.

NEW! Do You Have Your Ducks in a Row?

6 Thursdays, September 12, 26; October 10, 24; November 7 and 21

11:00 a.m. to 1:00 p.m.

Cheezem Education Center

Tuition: \$69 includes workbook

Join us for a six-session course designed to support you as you tackle the immense task of organizing the life you've spent decades building in order to ease the administrative and emotional burden on loved ones when your time comes. Classes meet every other week for two hours. Each meeting includes an educational component and class discussion during which participants share ideas and relevant concerns. Topics include: personal, health, finances, property and final wishes. Expect accountability, camaraderie, mutual support and a few laughs as we tackle this daunting task together! The course includes a workbook which, when complete, will be an invaluable resource for your loved ones. Expect 1-3 hours of homework per week. Be sure to bring a writing utensil!

As a hospice social worker, **Kam Flynn** worked with people before and after the death of a loved one. Time and again, she saw how grieving individuals were forced to spend hours on complicated administrative tasks in order to unwind the lives of their family members. Determined to ease the burden on those left behind, she developed the DucksRow program which guides, encourages and supports people as they get their "ducks in a row."

Intermediate Stained Glass

5 weekdays, September 12, 13, 16, 17, and 19

1:00 p.m. to 4:30 p.m.

Kathy Carroll's Studio, Seneca

Tuition: \$65

Developing a design for a stained-glass panel requires two important components: an artistically pleasing idea and the knowledge to transfer that idea into a workable template. Participants will explore basic design elements, then utilize stained glass to incorporate these elements into an original design. Students will then fabricate their design, using lead came, zinc came and solder to interlock glass pieces and frame the completed 24 x 24 inch square panel. Registrants must have taken the "Beginner Stained Glass" OLLI course or have experience in copper foil or lead came stained glass procedures. Each person should bring a 24 x 24 inch work board that has a raised right angle on only two sides. All other materials will be provided.

Favorite OLLI instructor **Kathy Carroll** has crafted with glass for more than 40 years. She has taken workshops and attended conferences throughout the United States and has worked with cold glass, slumped and fused glass and blown glass. She has taught stained glass classes and created commissioned work.

NEW! How We Healed the Earth...and How We Can Do It Again

Thursday, September 12

6:45 p.m. to 8:15 p.m.

Cheezem Education Center

Tuition: \$19

Glaciers are melting. Oceans are rising. Surface temperatures worldwide are rising. It's enough to drive us all into eco-despair. But despair not. According to Atmospheric Scientist Susan Solomon, we have solved planet-threatening problems before, and she believes we can do it again. The path to

success begins when an environmental problem becomes both personal and perceptible to the public. Healing the planet is a long game won by the union of public, political and regulatory pressure. Solomon knows, firsthand, what those solutions entail. She led an expedition to Antarctica in 1986 that made discoveries key to healing the damaged ozone layer. Solomon connects this career-defining triumph to the stories of environmental victories against ozone depletion, smog and pesticides and lead to extracting the essential elements of what makes change possible. The heroes in these stories range from angry mothers to gang members turned social activists to upset Long Island birdwatchers to iconoclastic scientists (often women) to crafters of brilliant legislation. **Note: Solomon will be presenting via Zoom as part of the Smithsonian Associates program.**

Sleep Better

Tuesday, September 17

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$19

Having trouble sleeping at least eight hours a night? Learn ways to relax (without medicine) before falling asleep, improve your sleep environment and create habits that will make it more likely to sleep longer. Participants are encouraged to bring their questions regarding sleep problems and their sleep suggestions to share with other participants.

Eunice Lehmacher, LISW-CP, has worked as a medical social worker and psychotherapist in Oconee County for more than 20 years. She specializes in geriatrics, dementia, depression and anxiety and has taught many classes on various mental health topics. Eunice enjoys leading interactive classes and support groups on a variety of mental health topics which help adults to make choices that can lead to a healthier life.

NEW! How Steven Spielberg and George Lucas Changed the Movies

Tuesday, September 17

6:30 p.m. to 7:45 p.m.

Cheezem Education Center

Tuition: \$19

Hollywood is an industry that has always depended on blockbusters, from 1915's *The Birth of a Nation* to epics like *Gone with the Wind* (1939), *The Ten*

Commandments (1956) and *The Sound of Music* (1965). That all changed in 1974 when two young filmmakers: Steven Spielberg and George Lucas changed the way the movie industry made movies. Spielberg's *Jaws* and Lucas' *Star Wars* (neither of which was predicted to be a hit) helped launch the careers of two of the most influential directors of our time. Whether they were making films together (like the *Indiana Jones* series) or separately in *E.T.*, *Jurassic Park* and *The Empire Strikes Back*, they introduced the age of the modern blockbuster which features elaborate special effects and thrilling spectacle. This contrasts to previous Hollywood blockbusters whose focus was on prestigious adaptations and mega star power. Media historian **Brian Rose** looks at their four decades of filmmaking and discusses how they changed the movies. **Note: Rose will be presenting via Zoom as part of the Smithsonian Associates program.**

Landscape Design - Elements, Principles and the Nitty Gritty

Wednesday, September 18

2:00 p.m. to 3:30 p.m.

Cheezem Education Center

Tuition: \$19

Have you ever considered why some landscapes look more appealing and cohesive than others? What makes some designs work and others don't? What style of garden appeals to you and how do you want to use your garden space? Are there drainage issues or is there a need for more privacy from a neighbor? Is there a focal point you would like to feature? A lot of factors need to be considered before investing in hardscapes and new plants when designing a garden from scratch or renovating an existing garden space. In this course, attendees will learn about basic landscape design concepts, how to survey their space and how to make a garden more attractive and useful. Creating an overall design for your garden space is key to making a landscape more cohesive and appealing.

After more than 30 years as a professional grower and surveying hundreds of private and public gardens, **Jeanne Guidi** formed G&G Designs, LLC to put her considerable plant knowledge to use helping homeowners with attractive design solutions and wise plant selections.

Pine Needle Basketry

2 Thursdays, September 19 and 26

10:00 a.m. to 12:00 p.m.

Nancy Basket's Studio, Walhalla

Tuition: \$59

Come coil bundles of South Carolina long leaf pine needles into baskets of beauty! In this OLLI Course, participants will practice various stitches and be introduced to other materials while working in the 100-year-old kudzu bale barn.

Artist and Storyteller **Nancy Basket** has worked with pine needles and kudzu for more than 40 years.

NEW! Imprisoned Without Trial: Japanese Incarceration in WWII



4 Mondays, September 23 to October 14

9:00 a.m. to 10:30 a.m.

Zoom Virtual Classroom

Tuition: \$45

Anti-Asian violence: A modern-day occurrence? Not at all. Fear, hatred and racism toward the Chinese and Japanese began in the United States the mid 1800's culminating with the incarceration of over 125,000 Japanese at the beginning of World War II (WWII). Two thirds of them were United States citizens, just like you and me. From the perspective of a third generation Japanese American (Sansei), we will discuss the how, when and why racism landed Americans in what is more accurately described as prison camps and what we can do to countermand the effect of anti-Asian violence and racism in America today.

Dennis Kato is a Sansei, third generation Japanese American, born and raised in Cincinnati, OH. He graduated from Walnut Hills High School and received a bachelor's degree from the University of Cincinnati. He and his wife have visited all ten of the Japanese incarceration camps from WWII. Fifteen of Dennis' immediate family were in three camps during the war. He is a nationwide lecturer on the Japanese incarceration camps in WWII via OLLI who has given in-person presentations at the Art Institute of Cincinnati, the Harriet Beecher Stowe House, Japan America of Greater Cincinnati, Louisville Book Festival and Walnut Hills High School in Cincinnati.

NEW! Protecting Yourself from Scams: Insights from the Better Business Bureau

Monday, September 23

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$19

For over a century, the Better Business Bureau (BBB) has been guiding people towards trustworthy businesses, brands and charities. Each year, millions visit the website www.BBB.org to access free BBB Business Profiles and Charity Reports. BBB Accredited Businesses, through their dues and contributions, help support BBB's mission and vision which enables BBB to offer its services at no cost to consumers. The Better Business Bureau operates independently and is not affiliated with any government agency. Join Hunter Jones, President and Chief Executive Officer (CEO) of the Better Business Bureau of Upstate South Carolina, to learn how to protect yourself and your loved ones from various scams including random checks in the mail, mailbox flags, unexpected bills, spoofing, phishing, lottery and sweepstakes, door-to-door sales, online shopping, social media messages, grandparent scams and advance fee loans.

Hunter Jones is the President and CEO of Better Business Bureau of Upstate South Carolina. With over seven years of experience working with the Better Business Bureau®, Hunter came to Greenville with the same mission: to establish a safe and trustworthy marketplace. By bringing awareness to scam red flags and proper and ethical business practices, BBB of Upstate SC ensures communities in all 10 counties make smart purchasing decisions. He emphasizes the educational resources the BBB provides to businesses and consumers. Helping those that may be more vulnerable to unethical business practices is a top priority for him.

NEW! The Shakers: Pursuing "a New Heaven and a New Earth"

Tuesday, September 24

6:30 p.m. to 8:30 p.m.

Cheezem Education Center

Tuition: \$19

The United Society of Believers in Christ's Second Appearing, also known as the Shakers, was one of the most fascinating religious groups in America from the late-18th through the early-20th centuries. During an era of widespread secular and religious reform

initiatives, the Shakers sought to embody a purity of life, re-make human relations and fulfill a utopian vision of a “New Heaven and a New Earth.” By the mid- 19th century, they had attracted nearly 6,000 adherents living in 18 branches and 58 families. Shakers accepted the divinity of a female God, embraced expectations of a millennium foretold in the New Testament, were dedicated to physical labor and practiced a form of primitive communism. They were also pacifists and lived celibate communal lives. The collective prayer of their songs and dances was highly formalized and proved a dramatic cultural and spiritual contrast to those of other sects. The quality of their model farms, crafts and folk art enjoyed stellar reputations.

William Dinges, professor emeritus of religious studies at The Catholic University of America, examines the origins of the Shaker movement. He discusses its theological worldview; the structure of community life; relationships with the outside world and the broader social, cultural, and historical factors that both contributed to the Shakers’ longevity and led to their demise. **Note: Dinges will be presenting via Zoom as part of the Smithsonian Associates program.**

NEW! Votes For Women: The Suffrage Movement

Wednesday, September 25

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$19

The roots of women's battle to vote and other civic privileges began in earnest in the 1840s. It took 72 long years from the 1848 Declaration for Women's Rights to the Constitutional amendment in 1920 that acknowledged their right as citizens. The battle was long and hard; but women learned a lot about organizing, lobbying and persuading along the way. We will also look briefly at the English suffrage movement and the aftermath of the 19th amendment as newly empowered women began to influence legislation.

Holley Ulbrich is Alumni Distinguished Professor Emerita of Economics at Clemson University who specializes in state and local public finance. She is also the “founding mother” of the Clemson League of Women Voters and currently serves as the organization’s co-president. She also serves as editor of the state League’s publication, Know Your State.

NEW! Aging with Grace (Toward a Healthier You)

3 Thursdays, September 26 to October 10

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$37

You can make a difference in your future health.

Participants are encouraged to attend all three sessions if their schedule allows: Session I: Brain Health: The good news is that there are things you can do now to promote a healthier brain long term. Participants are asked to bring a brain stimulating activity or game to share with the group. Free brain games are available at AARP/ Staying Sharp. Session 2: Activity: Our daily activity impacts our flexibility, muscle strength, endurance and body composition. We will focus on ways to incorporate healthy exercise into our daily routine and motivators to keep it up. This session will include some stretching activities by a certified yoga instructor. Session 3: Healthy Nutrition: We will review healthy eating advice with tips on choosing healthier foods. This session will include resources and strategies to improve your diet on a budget. We will look at minor adjustments to make recipes healthier. Participants are encouraged to bring a healthy recipe to share with the group.

Rosanne Harkey Pruitt, PhD, RN, FNP is a professor emerita at Clemson University School of Nursing. Roseanne’s research has focused on health promotion including evaluating the effectiveness of stress management courses at the Pentagon.

Landscape Photography

3 Mondays, September 30 to October 14

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$37

In this highly interactive course, participants will learn: effective landscape composition principles; how the exposure light meter works; the essential equipment for photographing landscapes; handling tricky lighting situations; practice creative right-brain techniques; basic photo editing (including HDR (High Dynamic Range) and more! Participants should understand the basics of the camera (e.g., f/stops, shutter speeds, etc.) Suggested reading is *Right Brain Photography: Be an Artist First* by Eli Vega.

Eli Vega is a highly published and award-winning photographer and author. He has been a professional photographer for more than 20 years. He has offered this course at three other Osher Lifelong Learning Institutes.

Playing Around with Sounds - Helping Your Grandchild Get Ready for Reading Success

Monday, September 30

5:00 p.m. to 6:30 p.m.

Cheezem Education Center

Tuition: \$19

Learn how to make a significant impact on a young child's (or grandchild's) reading skills BEFORE they are even able to read a book on their own. Learn how to greatly enhance bedtime story time with easy, engaging and ESSENTIAL activities that support reading development.

Dale Ginn taught young children in the upstate of South Carolina for thirty-three years. She is passionate about effectively teaching pre reading and reading skills to her students and their caregivers. In her course, parents and/or grandparents will learn about the importance of "playing around" with sounds and how it is an essential underpinning for learning to read.

New! The Aging Eye: What's New in Eye Care

Monday, September 30

6:00 p.m. to 7:30 p.m.

Cheezem Education Center

Tuition: \$19

This lecture will cover the topics of eye health as it relates to aging. It includes topics regarding expectations of vision as we age and potential therapies to combat worsening of vision. The information discussed will be based on current Food and Drug Administration approved treatments that have been reviewed by medical professionals. Questions are encouraged.

Andrew Pickens is an optometrist at Southern Eye Associates. He graduated from Clemson University with an engineering degree in 2018 and was inspired to go back to school to receive an education from the University of Alabama Birmingham School of Optometry. He has a passion for helping patients' vision through specialty contact lenses, with an emphasis on scleral lenses. **Dr. Scott Mogavero** is a graduate of University of Missouri-St Louis College of Optometry. He also completed his residency at the Greenville Veteran's Affairs Medical Center prior to joining Southern Eye Associates. Dr. Mogavero specializes in eye health examinations for the public as well as geriatric eye care.

NEW! Separation of Church and State: Vital in 1787, Critical Now

Tuesday, October 1

3:00 p.m. to 4:30 p.m.

Zoom Virtual Classroom

Tuition: \$19

The presentation starts in 1680 with the Divine Right of Kings and shows how thinkers at the time evolved the idea of separation of church and state. We then look at how the Founding Fathers adopted this idea and incorporated it into our Constitution. We look at court decisions over a long period of time that supported separation. We conclude with a look at how separation has more recently been eroded by various court decisions and legal actions and how this impacts our education, health care, civil rights and the rights of women, minorities and Lesbian, Gay, Transgender, Bisexual and Queer (LGBTQ) individuals. The presentation concludes with sources of further information.

Jay Avner is retired from a career in health care management and provider contracting. He holds a bachelor's degree in Mechanical Engineering and a master's degree in Industrial Administration from Carnegie Mellon University.

NEW! Nixon Resignation Reconsidered: The Silent Coup Against Richard Nixon (Part Two)

4 Wednesdays, October 2 to 23

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$45

On the 50th anniversary of the resignation of President Richard M. Nixon, perhaps it is time to admit that much of the nation was mistaken. As discovered in Part One, the Nixon Administration was spied upon by the Pentagon, infiltrated by the Central Intelligence Agency (CIA) and deeply disrespected by its White House counsel, John Dean III. Following the June 17, 1972 arrest of CIA assets for the break-in at the Democratic National Committee at the Watergate office building, President Nixon made the disastrous decision to cover up the collusion of the Committee to Re-Elect the President. That action began a two year-long odyssey that ended with his resignation. What was little known, but will be explored in this course, is how the President's enemies conspired to remove him from office in a

silent coup d'état. Abusing the media, the judicial process and the Bill of Rights, Nixon's foes achieved through a scandal what they could not achieve at the ballot box. Following the scholarship of Len Colodny, Robert Gettlin, Jim Hougan, Geoff Shepard, Ken Holland and other researchers, we will discover what actually happened from August 1972 through August 1974.

John Powers, who earned a master's degree in fine arts, is a writer and director with experience in theater and film. Drawing on recent United States history as source material for several productions, he has also developed this material into provocative classroom engagements, such as "Nixon and the Pentagon Papers," "1968: The Year That Rocked" and "Pearl Harbor Reconsidered." He has been an Osher Lifelong Learning Institute (OLLI) instructor since 2013.

Science from Pythagoras to Plank: A Once-over for Barstool Physicists and Starbucks Philosophers

6 Thursdays, October 3 to November 7

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$59

The way we see ourselves and our universe has evolved from Babylonian metaphysics to our "modern" notion of reality that, even with millennia of thought behind us, remains a bit sketchy. This course will explore the convoluted tangle of scientific thinking that stretches from the Pythagoreans to the quantum revolution with a focus on cosmology and the physical sciences. In harmony with a couple of related OLLI courses, this offering will be safe for barstool physicists having only dim memories of junior high math and Starbucks philosophers who don't "do science" at all. Sixty years ago, Arthur Koestler likened scientific progress to sleepwalkers groping through the night. A couple of years later, Thomas Kuhn argued for more orderly gradualism, punctuated by grand revolutions that occurred when the stars aligned, times were right and just-in-time geniuses such as Galileo or Newton materialized (or something like that). Newton, himself, was a gradualist of sorts, commenting that, "If I have seen further, it is by standing on the shoulders of Giants." (He was often less modest). Herbert Butterfield noted that history is often messy, and he cautioned against imposing after-the-fact order where none had existed. He opined that, "No field of thought can be properly

laid out by men who are merely measuring with a ruler." The instructor, long sympathetic to Koestler's view and mindful of Butterfield's advice, will rely for guidance on the former's *The Sleepwalkers: A History of Man's Vision of the Universe* (Hutchinson & Co Ltd, London, 1959).

Cecil Huey is Professor Emeritus of Mechanical Engineering at Clemson University and a dabbler in the history of science and technology.

NEW! Go For Broke!

Tuesday, October 8

10:00 a.m. to 1:00 p.m.

Cheezem Education Center

Tuition: \$25

A short history of the 442nd Regimental Combat Team. Made up of volunteers that formed the segregated Japanese-American army combat unit, more than 12,000 Nisei (second-generation Japanese American) volunteers answered the call. Ultimately 2,686 from Hawaii and 1,500 from mainland United States (U.S.) internment camps assembled at Camp Shelby, Mississippi in April 1943 for a year of infantry training. Many of the soldiers from the continental U.S. had families in internment camps in America while they fought abroad. The 442nd fought in some of the fiercest battles of WW II and became the highest decorated unit in the war. The unit's motto was "Go for Broke".

Military historian and Colonel (retired) **Lawrence Saul** served for 34 years in the U.S. Army, including tours in Germany, Holland, Belgium, England, Kosovo. He was one of the last veterans of the Vietnam War still serving on active duty when he retired in 2008. A Battlefield Tour Guide, he has a bachelor's degree in History from Georgia State University and two master's degrees.

Kudzu Basketry

2 Tuesdays, October 8 and 15

10:00 a.m. to 12:00 p.m.

Nancy Basket's Studio, Walhalla

Tuition: \$59

Kudzu vines, leaves and roots are good for basketry, clothing, paper, food and medicine. Bales of kudzu can even be harvested for building material! In this class, participants will enjoy discussion, hands-on projects and discovering the diversity of each part of the vine. We'll split kudzu, tie two pervasive vine

rings together and weave a basket using a random freeform technique, make small spheres and learn how to make sculptures or chandeliers.

Artist and Storyteller **Nancy Basket** has worked with pine needles and kudzu for more than 40 years.

Beginning Mah Jongg

4 Tuesdays, October 8 to 29

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$45

Are you unsure about your American Mah Jongg abilities and hesitant to join our Tuesday Special Interest Group (SIG)? We've got you covered with our Beginning Mah Jongg course designed to acquaint you with the essentials of American Mah Jongg. This isn't the Solitaire version you might play on your laptop. In this hands-on course, you'll delve into the basics, grasp terms like "crack, bams, and dots," understand concepts like doubleton and singleton and decode the meanings behind dragons, winds and flowers. During the course, you'll engage in practice matches with fellow players, master the art of "Charleston" and refine your gameplay with insights into the game's intricacies. After completing the course, you'll have the opportunity to join our weekly Tuesday Mah Jongg group where intermediate to advanced players gather to further their skills and enjoy the game together. To get the most out of the course, participants must commit to attending all four classes when they are offered.

Janice Dieter, Joan Servis and Sue Sprott are the OLLI Mah Jongg teaching team. Together, they have a combined over 2,000 hours of playing time.

The Women Who Helped Defeat Hitler: Espionage, Sabotage and Resistance

Wednesday, October 9

11:00 a.m. to 1:00 p.m.

Cheezem Education Center

Tuition: \$19

This course will explore government agencies created in World War II (Office of Strategic Services and Special Operations Executive) specifically to perform undercover operations with an emphasis on their most notable female spies and the missions they led. We will explore training, tactics, successes, and the price paid for their work. We will also discuss the

Resistance movement as it relates to their work.

As a child, **JoAnn Panza** grew up in a community of Hungarian Jews who survived the horrors of concentration camps. As an adult in the healthcare profession, she had the privilege of treating many WWII veterans. The accounts of their experiences inspired many years of independent research culminating recently into the incredible history of female spies. It is JoAnn's desire to share the story of the women who helped defeat Hitler and make them household names.

Money Matters: A Practical Guide to Managing Financial Risks for Seniors

2 Thursdays, October 10 and 17

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$29

Learn how to manage financial risks in all areas of life through this course which highlights a variety of practical methods to manage financial risk. Topics include: traditional risk management, minimizing risk of investment portfolios, decreasing the chance of depleting a nest egg with healthcare expenses and general tax tips that can help reduce the risk of overpaying taxes.

Since 2003, **David Chudyk**, Certified Financial Planner™ has been helping clients make the right financial decisions for the reasons that are important to them. Chudyk believes that "how we handle our money should positively impact our lives and the lives of those around us."

NEW! Hell in The Pacific

3 Tuesdays, October 15 to 29

10:00 a.m. to 1:00 p.m.

Cheezem Education Center

Tuition: \$37

A brief history of the United States and Allied efforts to defeat the Japanese in the Pacific Theater of Operations during World War II, with an emphasis on the strategic goals, the strategies, the personalities and the various battles and campaigns that brought about ultimate victory.

Military historian and Colonel (retired) **Lawrence Saul** served for 34 years in the US Army, including

tours in Germany, Holland, Belgium, England, Kosovo, and other locations. He was one of the last veterans of the Vietnam War still serving on active duty when he retired in 2008. A Battlefield Tour Guide, he has a bachelor's degree in History from Georgia State University and two master's degrees.

South Carolinians Who Should be Famous but Aren't

Thursday, October 17

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$19

Everyone knows about Strom Thurmond and Francis Marion; but do you know about Robert Smalls, Eliza Pinckney, Denmark Vesey or Issaqueena? This class will offer brief snapshots of 25 South Carolinians who are worth knowing about. Many of the unfamiliar names are women and/or people of color. Some of the famous ones may surprise you with their ties to the Palmetto state. Their lives and deeds made a difference in shaping South Carolina, and in some cases, the nation.

Holley Ulbrich is a veteran OLLI instructor with a particular interest in South Carolina history, politics and stories, having visited all 46 counties at one time or another.

NEW! Pundits, Polls & Politics! The '24 Election!

Tuesday, October 22

2:00 p.m. to 3:30 p.m.

Zoom Virtual Classroom

Tuition: \$19

The 2024 Election is here! Let's 1) Review the President of the United States (POTUS) "Approval" history 1945-2020), 2) Explore how better voter polls are done, 3) Discuss "Pundits", 4) Define "Generations" and 5) Review current polls and focus on the "issues" by doing some actual in-class polls! Next, we'll try a Corporate Assessment Model (CAM), a business "tool" by which we can rank the issues AND the candidates! Finally, we will do a class electoral vote prediction! Do just 6 percent of eligible voters actually decide an election? How can we voters be part of that 6 percent! A cellphone and some familiarity with QR codes is helpful, but not required. This is a non-partisan discussion!

Doug Stowell is a consumer and political polling veteran in both United States (U.S.) and European

Union markets. His career includes Market Research Director for the Xerox Corp., U.S. Clients Director for the United Kingdom polling firm NOP, Ltd in London and Senior Polling Executive for Wirthlin Worldwide in Washington, D.C. He launched Market Resource Associates, in 2008 and conducts opinion polls on U.S. and global issues. He is a member of the Furman University OLLI and conducts ZOOM programs for more than 80 groups nationally. This is his fourth quadrennial election program.

NEW! An Introduction to Artificial Intelligence and the Philosophical and Ethical Questions it Raises

Wednesday, October 23

9:00 a.m. to 11:00 a.m.

Cheezem Education Center

Tuition: \$19

Interest in Artificial Intelligence (AI) has reached a fever pitch in the past year that has been spurred, in part, by emerging capabilities such as self-driving taxis and ChatGPT. In this session, we shall: (1) Review the approaches to AI that dominated the first 50 years of this 75-year-old field: computer-based reasoning that is logically/functionally equivalent to human reasoning. Examples include means-end analysis for optimal route planning and model-based reasoning for spacecraft reconfiguration. (2) Examine the more recently emphasized neural network-based approaches to AI. These depend on the use of specialized computer architectures that some view as simple analogs to the human brain. They are programmed to improve their performance of a task as they are "trained" on vast amounts of real-world data. Examples include autopilot systems for self-driving cars and generative systems to produce original compositions (Chat GPT), computer code, art, etc. (3) Explore the very real questions posed by the developments and successes of this field. Some have suggested that Artificial Intelligence represents an existential threat to humanity. Does it? Others argue that Artificial Intelligence offers extraordinary promises for good. If so, what kinds of regulations, requirements for human oversight, etc. must be implemented to assure its responsible use? By thinking philosophically about the moral, social and existential implications of AI, we can be better prepared to navigate the future technological developments and to engage with others in responsible discourse about such futures.

Jack Hansen is an active member of the OLLI

program at Furman University. Prior to retiring, he held leadership roles in research organizations in academia (e.g., Penn State ARL, Institute for Human and Machine Cognition) and in the federal government (e.g., Office of Naval Research, National Aeronautics and Space Administration (NASA) Ames Research Center). He has also served as a consultant to NASA Ames on a range of topics (including Artificial Intelligence). **Aaron Simmons** is a Professor of Philosophy at Furman University and author of numerous books and journal publications on Philosophy. Much of his recent efforts have been devoted to making philosophical concepts applicable to and accessible to society more broadly. A very good example is his recently published book *Camping with Kierkegaard*.

New! Musica e Parole

4 Mondays, October 28 to November 18

10:30 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$45

Italy is sometimes called “Il Paese del bel canto” which translates to “The country of great melodies.” Many movies, television shows and commercials use snippets of Italian music, songs or arias from operas. This class includes listening and watching videos of the most popular Italian melodies, discussing the message in each one and learning about the song’s historical context. As part of each lesson, we will also focus on basic Italian verbs (taken from the music) and their usage in common Italian phrases and conversation. Participants will learn to how to correctly use these verbs and practice using them in conversations.

Kathy McElvenny lived in Genoa, Italy for four years and loves sharing her enthusiasm of the Italian language and the Italian culture with students. Marina Viotto Joyce is a native Italian who moved to the United States 50 years ago. She returns to Italy to visit family and friends once a year giving her an opportunity to keep an eye on the constantly changing society. She enjoys sharing her passion and appreciation of Italy with others.

NEW! Kudzu Papermaking

2 Thursdays, November 7 and 14

10:00 a.m. to 12:00 p.m.

Nancy Basket’s Studio, Walhalla

Tuition: \$59

Learn how to make art paper from kudzu! Using fermented leaves, participants will take turns blending recycled paper and chopped leaves to make several sheets of paper to take home and dry. Four students at a time can dip stiff needlepoint canvas into the slurry while others use end pieces of dried paper to make a small collage. Seasonal flowers will be picked and embedded, pulp painting will be introduced and flinking will occur. Come find out what these terms mean in a joyous class of people wearing old clothes because Rit dye will be used.

Artist and Storyteller **Nancy Basket** has worked with pine needles and kudzu for more than 40 years.

NEW! The History of the Jewish People in the Land of Israel, including the Arab-Israeli Conflict

Thursday, November 7

1:30 p.m. to 3:30 p.m.

Cheezem Education Center

Tuition: \$19

This talk, supported by photographs and videos, will briefly review the history of Israel from Biblical times to the modern period - 4 millennia. We will review the empires that arose in the Holy Land over the millennia and consider their impact on the Jewish people in the land of Israel. We will explain Zionism – the Jewish people’s yearning for a return to a nation of their own in their ancient homeland, review the Balfour Declaration and discuss the factors that played a role in the creation of the modern state of Israel. We will look at the Arab-Israeli conflict and learn about the two-state resolution voted on by the United Nations and examine what prevented that from being realized. We will review the Arab-Israeli wars. One objective of this talk is to answer the question: Is Israel a colonial enterprise and/or an apartheid nation? Following the presentation, there will be time for questions, comments and discussion. Recommended reading includes *Making David into Goliath: How the World Turned Against Israel* by Joshua Muravchik, *The Oslo Syndrome: Delusions of a People under Siege* by Kenneth Levin, *Israel* by Daniel Gordis and *A History of the Jews* by Paul Johnson. Students will need to bring paper and a writing utensil for note taking.

Esther Pittman holds a Harvard doctorate, was a full (tenured) professor of organizational behavior and management, published scholarly articles in her field, received Best Professor Award and earned her

professional society's 2000 National Distinguished Professor Award. She has consulted extensively to industry. Esther and her parents survived the Holocaust.

Southern Appalachian Christmas

2 Tuesdays, November 12 and 19

9:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$39

Warm your home this winter with the natural beauty of the region. In our first session, we will venture into the countryside to harvest pinecones, acorns, pods and other natural materials found in our area each fall. At the next class session, we will assemble our collections into wreaths, swags or centerpieces for the holidays.

Ann James is a frequent wanderer in the forests surrounding her home in the Tamassee hills and a graduate of the Upstate Master Naturalist program. She enjoys collecting pinecones, pods and other found objects with which Mother Nature is finished and incorporating them into her holiday decorations.

NEW! Film and Society: *High Noon* (1952)

Tuesday, November 12

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$19

In this crisis of conscience film, what is it that makes a man proverbially do what he has to do? What are the responsibilities one has to oneself, to family and to society? How do we define what it means to be a hero? Through PowerPoint analysis and discussion, this online course will take a deep dive into these questions and more in our examination of this classic American film. Although made during the Red Scare of the 1950's, *High Noon* consistently continues to resonate with modern audiences. **Join us to discover why. Note: Registrants will be expected to have watched the assigned film ahead of time. A list of available rental streaming sources will be emailed to you a week prior to the first session.**

Bernard Epps, Butch as he likes to be called, received his undergraduate degree from Loyola Marymount University graduating cum laude as an award-winning film production major and received his masters degree from the University of California Los Angeles

(UCLA) School of Film and Television graduate Producers Program where he focused on story development and worked with screenwriters. At UCLA, he served as academic liaison to the Master in Fine Art Producers Program active film industry faculty including studio heads, development executives and others. For the past ten years, Butch has been emphasis on story analysis for multiple OLLI's in the Coachella Valley and beyond.

Beginner Stained Glass

7 weekdays, November 14, 15, 18, 19, 20, 21, and 22

1:00 p.m. to 4:30 p.m.

Kathy Carroll's Studio, Seneca

Tuition: \$65

The earliest forms of glassmaking occurred nearly 3,000 years ago, and colored window glass dates back 1,350 years; yet our fascination with the art form continues. In this class, discover the secrets of creating your own masterpiece from glass, learn stained glass terminology and study the history of the art. Through hands-on practice, participants will become familiar with modern tools, equipment and techniques while each student fabricates a unique 9x18 inch stained glass panel. This class requires standing and a certain amount of arm strength.

Favorite OLLI instructor **Kathy Carroll** has crafted with glass for more than 40 years. She has taken workshops and attended conferences in various locations throughout the United States and has worked with cold glass, slumped and fused glass and blown glass. She has taught stained glass classes, as well as created commissioned work.

Southern Shepherds, Savage Wolves: Presbyterian Domestic Missionaries and Race in South Carolina, 1802-1874

Wednesday, November 20

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$ 19

South Carolina was decidedly pro slavery every century before the Civil War. However, what role did Christians play in the anti-slavery and pro slavery position in 19th century South Carolina? Dr. Otis Pickett examines the nuance and complexity of the Presbyterian missions in South Carolina to the enslaved and to Native Americans to consider the ways in which churches and Christians supported

both pro and anti-slavery. This work has broad implications for our understanding of South Carolina, integration, segregation and the church's role in these struggles.

Dr. Otis W. Pickett is a historian of religion in the United States South focusing on domestic missions to enslaved African American and Native American communities in South Carolina. His research focuses on nineteenth century missionaries and the intersection of race, religion and ecclesiastical polity in southern Presbyterianism. Dr. Pickett is the third Clemson University Historian, serves in the Libraries as University Historian, is Chair of the Department of Historic Properties and is also a Clinical Assistant Professor in the College of Education, Department of Teaching and Learning at Clemson University.

NEW! Holiday Cookies from Around the World

Session A: Monday, December 9

Session B: Wednesday, December 11

Session C: Thursday, December 19

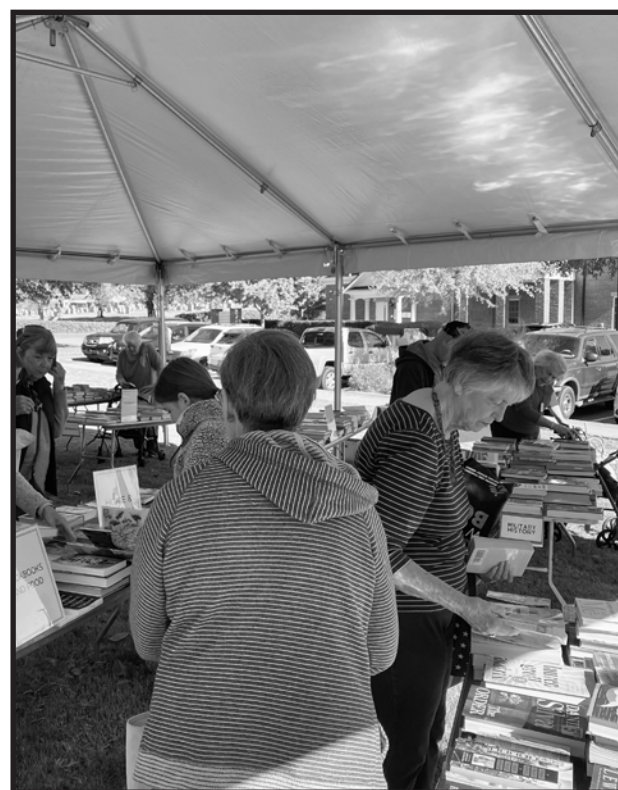
11:00 a.m. to 2:00 p.m.

Cheezem Education Center

Tuition: \$39

Want to have a beautiful and delicious plate of hand-made holiday cookies ready when family and friends stop by during the season of giving? Join in the fun and learn about cookies that various countries view as their specialty and always prepare for the holidays. All participants will work together to bake several varieties of cookies, both regular and gluten-free. You will go home with a full plate of cookies along with recipes for baking at home. You don't want to miss this sweet class!

Susan Hansen has spent more than 30 years creating and cooking all sorts of culinary delights in her kitchen and in various public eateries. She enjoys teaching others and bringing out each participant's "inner chef!"



SIGS SPECIAL INTEREST GROUP MEETINGS

ART GROUP

Every Monday, 1:00 p.m.

at the Cheezem Education Center

Facilitator: Diana Carnes (dianacmail@aol.com)

This "open studio" is a place and time for everyone- aspiring to confirmed artists to meet once a week to play with new approaches to their craft. We share techniques, engage in a variety of media challenges and possibly bring in experts in unusual specialties. We EXPLORE art in many varieties!

ART OPEN STUDIO

2nd and 4th Thursday Each Month, 1:00 p.m.

at the Cheezem Education Center

No facilitator; the Studio is available for use by any current OLLI Member.

BOOK CLUB

1st Friday Each Month, 10:00 a.m.

at the Cheezem Education Center

Facilitator: Maureen Williamson (williamsonmj@att.net)

Our books are selected by group vote and selections include fiction and nonfiction, contemporary and classic. Discussion is informal and participation is encouraged. See the Events page on the OLLI website for upcoming book selections.

BRIDGE GROUP

Every Monday and Thursday, 10:00 a.m.

at the Cheezem Education Center

Facilitator: Peg Mahan (pmah2209@bellsouth.net)

Join in on this popular card game in a relaxed, friendly environment.

BUNCO

Last Wednesday Each Month, 1:00 p.m.

at Everlan (Patrick Square)

Facilitator: Carol Helander (antiqueguy@gmail.com)

This entertaining dice game is easy to learn, and anyone can play! Light refreshments will be provided; \$5 cash per person to play.

GARDENING GROUP

1st Wednesday Each Month, 3:00 p.m.

at the Cheezem Education Center

Facilitator: Susan Creamer (smcreamergmail.com)

Share ideas, learn from others about gardening techniques, soil, plants, design and more - broaden your knowledge and find support from other gardeners who have similar challenges with their Upstate landscape. The group also enjoys speakers on various gardening topics and occasional field trips.

MAH JONGG - INTERMEDIATE TO ADVANCED

Every Tuesday, 12:30 p.m.

at the Cheezem Education Center

Facilitator: Janice Dieter (dieterjw@yahoo.com)

The Mah Jongg Special Interest Group (Intermediate to Advanced) (SIG) exclusively plays American Mah Jongg. To participate, you must already know how to play American Mah Jongg well without instruction. The group uses only the Official National Mah Jongg League Playing Card from the National Mah Jongg League, Inc (based in New York, NY), which you will need to participate. Other card formats are not accepted. Students who have completed OLLI's Beginning Mah Jongg course can participate to improve their skills and play with the group. Interested OLLI members should reach out to the facilitator prior to attending.

NEEDLES AND THREADS

Every Wednesday, 1:30 p.m.

at the Cheezem Education Center

Facilitator: Nan Jones (jones4927@bellsouth.net)

Join this support group for "thread-heads" to work on your favorite projects in a collaborative atmosphere.

PICKLEBALL

Every Friday, 9:00 a.m.

at Nettles Park (Clemson)

Facilitators: Lauris and Mary Jane Ames (mames10579@aol.com, laurisames@aol.com)

Join the many who are enjoying this fast-growing fitness activity! We play on specially lined tennis courts at Nettles Park. This group is open to all OLLI Members and is appropriate for players of all levels! Instruction and loaner equipment will be available to newcomers.

TRIVIA

3rd Thursday Each Month, 3:00 p.m.

at the Cheezem Education Center

Facilitator: Skip Eisiminger (esterli2@bellsouth.net)

This trivia is not a Jeopardy clone; it involves no buzzers, no clocks, and no pressure to perform or speak in public. The winners of the two sets of questions receive the prize pot. All money collected from the night is split between the two winners! \$2.00 per person- cash at the door only.

WATERCOLOR GROUP

1st and 3rd Thursday Each Month, 1:00 p.m.

at the Cheezem Education Center

Facilitator: Trish Davis (trishkaydavis@gmail.com)

This group's goal is to paint watercolor paintings using a variety of papers and techniques, to share ideas and prompts and to have fun painting together.

WRITERS' GROUP

Group 1: 1st and 3rd Friday Each Month, 10:00 a.m.

at the Cheezem Education Center

This group is currently at capacity, but contact facilitator Paula Appling (upst8hiker@gmail.com) for more information.

Group 2: 2nd and 4th Friday Each Month, 10:00 a.m.

at the Cheezem Education Center

Facilitator: Elaine Faithful (belainefithful@gmail.com)



Code of Conduct

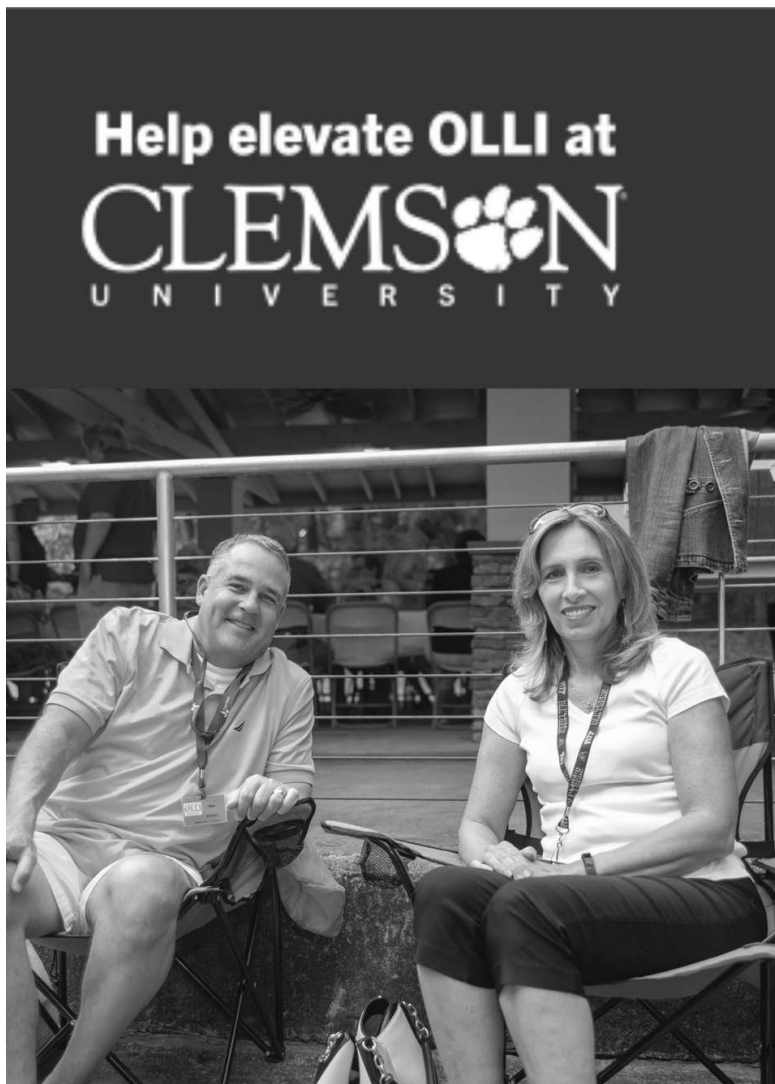
FOR MEMBERS AND INSTRUCTORS OF OLLI AT CLEMSON UNIVERSITY

OLLI at CU is a community of intellectually active mature adults. Membership entails mutual respect among members and instructors as they pursue knowledge and explore individual interests. Failure to treat ideas, viewpoints, the classroom environment and interests of other members of the community with respect and civility compromises the intellectual climate at OLLI, and cannot be tolerated. The OLLI administration and volunteer leadership are responsible for ensuring that the Code of Conduct is being followed in all OLLI-sponsored programs.

This OLLI at CU Code of Conduct is congruent with that for students at Clemson University (www.clemson.edu/administration/student-affairs/student-handbook/code-of-conduct) in promoting behavior that enables enlightened discourse among individuals.

A gift of any amount to **OLLI at Clemson University** will help us to provide a unique array of activities and educational opportunities for our members. Your support plays a pivotal role in promoting lifelong learning, helping us provide nearly 350 different programs to our community. We rely on donors to keep our annual membership fee low and to provide a quality curriculum to our students — your support keeps these programs running.

Take the opportunity to make a gift today and help us foster a culture of lifelong learning!



Make an IRA Qualified Charitable Distribution (QCD) today!

Create the possibility to shape and advance OLLI's future by seeing your generosity in action. If you have an IRA and are 70 1/2 or older, you may donate tax-free from your IRA in direct support of OLLI as well as other University initiatives.

The IRA Qualified Charitable Distribution (QCD) provides several benefits. It allows individuals 70 1/2 and older to transfer up to \$100,000 annually from an IRA directly to a qualified charity. You pay no taxes on the transfer, and your gift to Clemson will make a meaningful impact on the lives of our students. This may also help you meet your Required Minimum Distribution (RMD), the minimum amount you must withdraw from your retirement account(s) to satisfy federal tax rules.

To make your IRA Qualified Charitable Distribution (QCD) gift, simply reach out to your IRA plan administrator or account custodian to make a gift from your IRA to OLLI at Clemson University.

Please contact the Annual Giving Office with any questions.

Ann Batson Smith '82, M '85 | Executive Director of Annual Giving

P.O. Box 1889

Clemson, S.C. 29633-1889

864-656-5895

annsmit@clemson.edu

Volunteer Opportunities **AT OLLI**

Want to become involved in your OLLI? Please fill out the application form on our website at www.olliatclemson.org/volunteers.

Volunteer power fuels OLLI at Clemson! Volunteers contribute the time, energy and effort that run this learning community. We rely on our volunteers to help us enrich and enhance the lives of those we serve in our community.

Administrative Assistant
Ambassador
Classroom Assistant
Course Instructor
Excursion Leader
Outdoor Adventure Group Leader
Special Interest Group Facilitator
Zoom Classroom Assistant

Remember it all starts with a volunteer application! Visit our website for more information at www.olliatclemson.org/volunteers.



Get to Know Your **OLLI BOARD OF ADVISORS**

David Potts, Chair
Dave Sabo, Vice Chair
Sheryl Donovan, Past Chair
Carol Helander, Secretary

Clyde Burghardt, At-Large Member
Nancy Dunn, At-Large Member
Amy Pickens, At-Large Member
Kim Warne, At-Large Member



Board of Advisors meetings are held on the third Wednesday of each month except December and June. After the Board Meeting at 5:00 p.m., join Board Members at Kite Hill Brewing Company in Patrick Square Town Center to learn more about how OLLI ticks! The Board can be reached directly at cuolliboa@gmail.com.

CLEMSON
UNIVERSITY

MEMBERSHIP AND REGISTRATION FORM FALL 2024

Please complete this form, even if you think we have this information on file.

Name _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: Female Male Date of Birth (Month, Year) _____

Catalog Format: Email Catalog U.S. Mail Catalog

Email Communication: Yes No

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory.

Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please note: Each member of a couple must submit a separate form to ensure proper registration.

Annual Membership Fee (Membership runs from July 1 to June 30.)

I am a NEW OLLI member and paying my first membership fee (\$50) \$ _____

I am renewing my lapsed OLLI membership (\$50) \$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

Courses

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Donation

Please accept this gift to the Clemson University Foundation on behalf of OLLI at Clemson University.

Please note that 100% of your gift goes to OLLI. Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

Check enclosed (payable to OLLI at Clemson University)

Visa MasterCard Discover American Express

Card #: _____ Expiration Date: _____ CVC: _____

MEMBERSHIP AND REGISTRATION FORM FALL 2024

Please complete this form, even if you think we have this information on file.

Name _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: Female Male Date of Birth (Month, Year) _____

Catalog Format: Email Catalog U.S. Mail Catalog

Email Communication: Yes No

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory.

Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please note: Each member of a couple must submit a separate form to ensure proper registration.

Annual Membership Fee (Membership runs from July 1 to June 30.)

I am a NEW OLLI member and paying my first membership fee (\$50) \$ _____

I am renewing my lapsed OLLI membership (\$50) \$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

Courses

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Donation

Please accept this gift to the Clemson University Foundation on behalf of OLLI at Clemson University.

Please note that 100% of your gift goes to OLLI. Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

Check enclosed (payable to OLLI at Clemson University)

Visa MasterCard Discover American Express

Card #: _____ Expiration Date: _____ CVC: _____

Cardholder's Name: _____

REGISTRATION INFORMATION

4 Easy Ways to Register

- **Online:** www.olliatclermson.org, click the link “online registration” (credit card payment only)
- **By Phone:** 864-633-5242 (credit card payment only)
- **By Mail:** 100 Thomas Green Blvd. Clemson, SC 29631 (check or credit card payment)
- **In Person** at the Cheezem Education Center, Monday through Friday, 9:00 a.m. to 4:00 p.m. (cash, check or credit card payment)

Refund/Cancellation

If you must cancel your registration in an OLLI Course, a full or partial refund may be available to you. Our current refund procedures are listed on our website, www.olliatclermson.org, under the registration tab. All Members are encouraged to review this information when registering. If an OLLI Course is cancelled, you will receive a full refund. Payments made by cash and check will be refunded as course credit in your OLLI account; payments made by credit card will be refunded to the credit card.

Wait List

If the Course you have requested has filled prior to receiving your registration, you will automatically be placed on a waiting list for the Course. Should space become available, you will be contacted and given the opportunity to enroll. You will not be charged for the Course until you are enrolled.

Liability Waivers

OLLI members who are enrolled in higher risk Courses may be required to sign Waiver and Release of Liability Forms before participating. For more information, visit our website, www.olliatclermson.org.

Accessibility

OLLI at Clemson University is committed to an inclusive and accessible environment for all OLLI Members, and as a Clemson University Institute, follows the spirit of Student Accessibility Services, which can be found at www.clemson.edu/academics/studentaccess. If you have questions about accessibility for a Course, please contact the OLLI office at olli@clemson.edu or 864-633-5242; all correspondence will be confidential.

Graduate Research

On occasion, Clemson University faculty and students are interested in working with OLLI Members on research projects specific to engaged aging. Opportunities to participate in such studies will be announced to the OLLI membership via the weekly e-newsletter, and your personal involvement is entirely at your discretion. We do not share your contact information with any group or individual.

Membership Fees

A nonrefundable membership is required to participate in OLLI Courses and activities. The OLLI Member Year begins July 1 and ends June 30 of each year. The membership fee for a full year is \$50; a half year membership (January to June) is \$32.

Scholarships

Financial assistance may be available for current OLLI Members; for more information, visit our website, www.olliatclermson.org.

Inclement Weather

OLLI follows the Clemson University inclement weather policy. When Clemson University is closed due to inclement weather, all OLLI activities are cancelled or postponed to a later date.

Charles K. Cheezem Education Center

As a Clemson University facility, the Center is tobacco-free and follows campus facility policies.



OSHER LIFELONG LEARNING INSTITUTE

OLLI at Clemson University
100 Thomas Green Blvd.
Clemson, SC 29631

Phone: 864-633-5242
Email: olli@clemson.edu
www.olliatclemson.org

Nonprofit Org.
U.S. POSTAGE
PAID
Clemson, SC
Permit No. 10

Live Life Here!



Residents enjoying time together in one of our many outdoor gathering spots.

Our residents love living life at Clemson Downs! They enjoy fun, food and fellowship on our beautiful 38-acre wooded and pastoral campus.

Clemson Downs is a locally owned continuing care retirement community offering Independent Living, Assisted Living, Memory Care, and Skilled Nursing Care. It is designed to meet your or your loved one's care level needs.



CLEMSON DOWNS

RETIRE WELL.

For more information on Clemson Downs, please contact us.
(864) 654-1155 • #RetireWellClemson • ClemsonDowns.com