

### The No-Pain, No-Gain Trivia Quiz

**Instructions:** Match each pain reference on the left with the most appropriate explanation on the right. As for me, pain may be "God's megaphone," but I subscribe to the "No pain? Good!" philosophy.

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|------------------------------|---|
| 1. ___ surgical pain         | A. is more effective in males.  |
| 2. ___ electric ray, torpedo | B. when we look away.   |
| 3. ___ pain is curative      | C. is God-ordained and should be borne.                                   |
| 4. ___ ice-bath pain         | D. is more effective than \$0.01 aspirin tablet.                          |
| 5. ___ intentional pain      | E. used by Romans to numb the pain of gout, etc.                          |
| 6. ___ tattooing hurts less  | F. is more intense when shared.   |
| 7. ___ we perceive less pain | G. is better managed by telling a patient the pain level most experience. |
| 8. ___ pain of childbirth    | H. 19C belief; therefore, some paid to be beaten!                         |
| 9. ___ ibuprofen             | I. when the person suffering is someone we dislike.                       |
| 10. ___ \$0.50 aspirin       | J. is greater than accidental, unintentional pain.                        |

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|------------------------------|---|
| 1. ___ <i>Schadenfreude</i>  | A. asked for morphine in WWII.                  |
| 2. ___ acupuncture           | B. is the largest ever removed.                 |
| 3. ___ 33% war casualties    | C. is admirable but counterproductive.          |
| 4. ___ kids who feel no pain | D. reduced pain in 52% of headache cases.       |
| 5. ___ Jews and Italians     | E. pleasure caused by pain of others            |
| 6. ___ 1.76 lb. kidney stone | F. require 19% more anesthesia.                 |
| 7. ___ redheads, gingers     | G. heal faster than the losers'.                |
| 8. ___ stoicism              | H. form of alternative medicine from China      |
| 9. ___ victors' wounds       | I. usually die before they mature.              |
| 10. ___ placebos             | J. are more sensitive to pain than Nordic folk. |